

# **The City Bridge Trust Committee**

## ANNEX – APPLICATION FORMS

Date: WEDNESDAY, 14 MARCH 2018

Time: 1.45 pm

Venue: COMMITTEE ROOMS, 2ND FLOOR, WEST WING, GUILDHALL

#### 8. GRANTS APPLICATION FORMS

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# Agenda Item 8

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# The City Bridge Trust Agenda Iter

# Investing In Londoners: Application for a grant



# **About your organisation**

Name of your organisation: **Women for Refugee Women** If your organisation is part of a larger organisation, what is its name? N/A In which London Borough is your organisation based? **Islington** Contact person: Position: Ms Natasha Walter Director Website: http://www.refugeewomen.co.uk Legal status of organisation: Charity, Charitable Incorporated Company or company number: 1165320 Registered Charitable Incorporated When was your organisation established? 01/01/2007

#### **Grant Request**

Under which of City Bridge Trust's programmes are you applying?

**English for Speakers of Other Languages** 

Which of the programme outcome(s) does your application aim to achieve?

More people with improved English language skills

More people participating in the wider community

Please describe the purpose of your funding request in one sentence.

To consolidate and expand our work in providing English classes and enrichment activities for refugee and asylum seeking women in London.

When will the funding be required? 01/04/2018

How much funding are you requesting?

Year 1: **£30,000** 

Year 2: **£30.000** 

Year 3: £30,000

Total: £90,000

#### Aims of your organisation:

Our charitable objects are:

- (1) to advance the education of the public in general about the issues relating to refugees and those seeking asylum;
- (2) to advance education and relieve financial hardship amongst women seeking asylum and women granted refugee status, including by the provision of advice;
- (3) to promote equality and diversity for the public benefit, particularly by the elimination of discrimination on the grounds of race, gender, disability, sexual orientation or religion, in London and elsewhere

#### Main activities of your organisation:

Women for Refugee Women works in three main ways.

- 1. To support and empower asylum-seeking women at the grassroots. We provide English classes, yoga and a warm lunch every Monday for around 100 women, and also provide pathways for women to participate in other activities with us such as drama, story telling and advocacy.
- 2. To influence wide audiences and improve public understanding of the experiences of refugee women, by working with the mainstream media, digital media, arts projects and events.
- 3. To create policy change by informing and lobbying Parliamentarians about the need for a fairer asylum process. We publish research about the experiences of refugee women and provide evidence to committees and inquiries.

This application focuses on the first of these three areas, our work at the grassroots with women seeking asylum.

#### **Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
1	5	9	12

#### Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	6 months

#### **Summary of grant request**

The need for the project:

Women for Refugee Women works with women seeking asylum in London, many of whom have very poor English and are isolated and vulnerable due to previous trauma and insecure immigration status. We work with women who are newly arrived in London as well as women who have been here for some time but still need to build their language skills in order to integrate more successfully.

#### How the work will be delivered:

We will deliver English classes at five levels every week in term-time, reaching over 80 women in over 250 hours of ESOL teaching per year. We do not prepare students for exams, but we provide classes at four levels, catering for students from pre-Entry up to Level 2 skills and an advanced conversation class with women who want to improve their confidence and learn about British culture, and we will also provide a class for mothers and toddlers.

We will also provide enrichment activities. These will include opportunities with partners for employability and skills training in areas such as IT and public speaking, and enjoyable activities that bring women into contact with the wider community such as outlings and events.

#### What we aim to achieve:

We aim to ensure that women can improve their English language skills in a supportive space. We also aim to enable women to build their skills and confidence so that they integrate successfully into British society.

Why we are the right organisation to deliver the work:

Women for Refugee Women works only with women seeking asylum, so women know that when they come here they will find a safe, women-only space among others who understand their journeys. We have run English classes for over 7 years, they are delivered by qualified volunteers supported by our Grassroots Manager and our recent evaluations found that users really value our work.

How we will meet the Trust's programme outcomes:

We will ensure more people with improved English language skills, through providing English language teaching to more than 80 asylum seeking women on a weekly basis. We will ensure more people participating in the wider community through working with partners to provide further training in areas to improve women?s employability and confidence, and also providing activities to encourage women to enjoy London's cultural and social opportunities.

#### Principles of Good Practice:

We involve our users at every point in the management and running of the service. We hold a monthly general meeting for users where they can share feedback about the service. We provide pathways for women to get more involved in our work; for instance, to represent WRW at events or to help organise meetings and activities. One woman from the English classes sits on our board of trustees, other women cook and serve lunch for the women who attend classes.

We welcome people of all backgrounds and value diversity. Our service is open to all women who have sought asylum, including refused asylum seekers and new arrivals. Women who come to our English classes are from over 30 different nationalities. We value and support volunteers; all our classes are taught by volunteers other than the mothers and toddlers group; we give volunteers regular feedback and hold monthly volunteers? meetings in which volunteers are able to suggest improvements and share challenges and successes.

We are taking steps to reduce our carbon footprint by encouraging cycling and public transport use among staff and volunteers, reducing the non renewable resources we use, and recycling where possible.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

None

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

English classes at beginners and intermediate level (pre-Entry to level 2), plus an advanced conversation class including discussions of politics and citizenship, dellevered by qualified volunteers on a weekly basis during termtime (4 classes with at least 20 women in each class)

English for mothers of young children, including creative work such as singing and dancing, delivered by a qualified freelance teacher supported by volunteers on a weekly basis during termtime (1 class with at least 8 mothers)

Enrichment activities for users focusing on increasing women's skills and employability, such as public speaking, reaching 15-20 women annually, through working with partners who can provide tailored training

Enrichment activities for users focusing on participation in the community and breaking down isolation, including outings to galleries and theatres, and events organised by WRW where refugee women can meet women from host communities, reaching 30-50 women every term

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Above all these activities will result in individual asylum seeking women improving their English language skills, by being able to access education at a suitable level in a safe and supportive environment.

The English classes and enrichment activities will also result in individual asylum seeking women building their confidence and wellbeing.

The enrichment activities focused on employability will result in women Improving their skills in useful areas such as public speaking, IT and CV writing.

The activities focused on wellbeing and enjoyment will result in individual refugee women learning more about the communities in which they live and participating more in cultural and other activities.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We do intend to continue the activity. During the life of this grant we would hope to gather evidence for the impact of the English classes and other activities we provide so that we can make the case to other trusts and foundations for further funding.

# Who will benefit?

## **About your beneficiaries**

How many people will benefit directly from the grant per year?
300
In which Greater London borough(s) or areas of London will your beneficiaries live?
London-wide (100%)
What age group(s) will benefit?
0-15
16-24
25-44
45-64
65-74
What gender will beneficiaries be?
Female
What will the ethnic grouping(s) of the beneficiaries be?
A range of ethnic groups
Asian/ Asian British (including Indian; Pakistani; Bangladeshi; Chinese; Any other Asian background)
Black/ African/ Caribbean/ Black British (including African; Caribbean; Any other Black/ African/ Caribbean background)
Other ethnic group
If Other ethnic group, please give details: Middle Eastern/north Africa
What proportion of the beneficiaries will be disabled people?
1-10%

# Funding required for the project

# What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Grassroots Manager salary costs incl. pension	16,657	17,073	17,500	51,231
Grassroots Intern salary costs incl. pension	6,053	6,204	6,360	18,617
Volunteer expenses & facilitation fees	3,000	3,000	3,000	9,000
Venue/meeting room hire costs	5,000	5,000	5,000	15,000
Travel expenses & refreshments for English classes	32,500	32,500	32,500	97,500
Travel expenses & refreshments for training & outings	3,600	3,600	3,600	10,800
Other running costs incl. phone, teaching materials etc.	870	1,000	1,000	2,870
Finance and Office Admin salary costs incl.	6,702	6,870	7,041	20,613
Director (line management) salary costs incl.	5,760	5,904	6,052	17,716

TOTAL: 80,142	81,151	82,053	243,346	
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## What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Esmee Fairbairn Foundation	20,000	0	0	33,700
Coutts Foundation (from carry-forward)	6,921	0	0	15,800
Donations from Individuals for women's expenses	12,000	12,000	12,000	36,000
	0	0	0	0

TOTAL:	38,921	12,000	12,000	62,921
	-			

#### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
None at the moment	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0	
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#### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Grassroots Co-ordinator salary costs Incl.	9,900	9,900	9,900	29,700

#### Annex 1 - Revised budget

pension				
Grassroots Intern salary costs incl. pension	6,053	6,204	6,360	18,617
Volunteer expenses & faciliation fees	2,500	2,500	2,500	7,500
Venue/meeting room hire costs	3,800	3,800	3,800	11,400
Participant travel & refreshments for English classes	4,147	3,996	3,840	11,983
Participant travel expenses & refreshments for training & outlings	600	600	600	1,800
Other project running costs incl. phone, teaching materials etc.	300	300	300	900
Contribution to core costs (9%)	2,700	2,700	2,700	8,100

TOTAL:	30,000	30,000	30,000	90,000	

#### **Finance details**

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month:	Year:	
	March	2017	

Income received from:	£
Voluntary income	361,858
Activities for generating funds	0
Investment income	925
Income from charitable activities	4,095
Other sources	.0
Total Income:	366,878

Expenditure:	£
Charitable activities	263,206
Governance costs	
Cost of generating funds	5,043
Other	0
Total Expenditure:	268,249
Net (deficit)/surplus:	98,629
Other Recognised Gains/(Losses):	0
Net Movement In Funds:	98,629

Asset position at year end	£
Fixed assets	0
Investments	0
Net current assets	246,702
Long-term liabilities	0
*Total Assets (A):	246,702

Reserves at year end	£
Restricted funds	60,215
Endowment Funds	0
Unrestricted funds	186,487
*Total Reserves (B):	246,702

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

#### Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 0%

#### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

We are in the process of recruiting more trustees.

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#### **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent £
City of London (except City Bridge Trust)	0	0	C
London Local Authorities	0	0	C
London Councils	0	0	C
Health Authorities	0	0	C
Central Government departments	0	0	C
Other statutory bodies	0	0	C

#### **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3	Year 2	Most recent
Comic Relief	50,266	52,910	52,532
Unbound Philanthropy	30,000	30,000	30,000
Joseph Rowntree Charitable Trust	24,993	26,250	30,000
Trust for London	30,000	30,000	0
Esmee Fairbairn Foundation	20,000	0	50,000

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Natasha Walter

Role within **Director** 

Organisation:

# The City Bridge Trust

# Investing In Londoners: Application for a grant



# **About your organisation**

Name of your organisation:	
BANG Edu	tainment Ltd
If your organisation is part of a larger organ	isation, what is its name?
N/a	
In which London Borough is your organisation	on based?
Brent	
Contact person:	Position:
Ms Jennifer Ogole	Chief Executive
Website: http://www.wearebang.com/e	dutainment/
Legal status of organisation:	Charity, Charitable Incorporated Company or
Registered Charity	company number: 1086541
When was your organisation established? <b>01</b>	/11/1999

# **Grant Request**

Under which of City Bridge Trust's programmes are you applying?

**Improving Londoners' Mental Health** 

Which of the programme outcome(s) does your application aim to achieve?

More homeless and transient people having access to mental health services and reporting improved well-being

More people from BME communities accessing appropriate mental health services, resulting in them receiving the right care and treatment

Please describe the purpose of your funding request in one sentence.

To build the mental health/emotional resilience of children/young people who are at risk of engaging in offending, through the provision of specialist, personcentred counselling/therapeutic support.

When will the funding be required? 02/01/2018

How much funding are you requesting?

Year 1: £30,952 Year 2: £29,812

Year 3: £30,408

Total: £91,172

#### Aims of your organisation:

BANG delivers projects for young people in Brent, designed to build their motivation, skills and experiences. It focuses on young people who are considered ?at risk?, experiencing negative outcomes or on the pathway to offending. BANG?s programmes improve outcomes in emotional resilience, self-esteem, confidence, educational attainment and family circumstances.

BANG's mission is dedicated to breaking the stark cycle of despair that is evident in Brent, wherein child poverty, poor educational outcomes and youth crime are systemically interlinked. It does this through targeted early intervention work designed to transform the behaviour of children/young people (90% black boys) at obvious and clearly evidential risk of engaging in crime.

#### Our aims are to:

Reduce the number of young people on the pathway to offending/anti-social behaviour Work with the young people's parents as part of a holistic, family-focused approach Work in partnership with a range of agencies to maximise young people's potential Play a leading strategic role within the grassroots youth sector across Brent

#### Main activities of your organisation:

BANG's core service is an innovative, high impact and evidence-based programme called Nolimitz, focused on prevention/early intervention work with children/young people (8 to 13) who are identified as being susceptible to the risk factors associated with entering the Criminal Justice System. NoLimitz is a 16 week structured, person-centred programme that combines group activities with transformational 1-2-1 support. It focuses on behavioural change management, personal responsibility and social etiquette, within a whole family approach. Extending the programme so that it has a more concerted and systemic focus on mental health support work is the subject of this bid to City Bridge Trust.

Additionally, we provide training/employment support to enable young people up to the age of 25, so that they are better equipped to find work and make the most of their potential. This includes working with our sister organisation, the Beat London, to offer unrivalled ?real-life? learning opportunities that engage hard-to-reach/vulnerable young people in volunteering activities around community broadcasting.

#### Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
3	4	5	15

#### Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	10 years - Annual break option

BANG delivers a highly successful, tried and tested, prevention/early Intervention programme (NoLimitz), designed to divert young people away from a life of crime. Young people, aged 8-13 (90% of whom are African-Carlbbean), are referred directly by schools (we work with over 40 schools across Brent) and social workers, as being at high risk of entering the Criminal Justice System, e.g. exhibiting concerning conduct at school, antisocial behaviour/aggression (adults with conduct problems in childhood are responsible for 80% of all crime [Sainsbury Centre for Mental Health 2009]), have a mental health disorder (1/3rd of young people in custody have a mental health disorder - 3 times higher than the general population), have communication difficulties (60-90% prevalence amongst young people in custody, House of Commons Justice Committee, 2016) or are known to be subject to challenging personal circumstances, e.g. experiencing domestic violence at home, being looked after/leaving care (29% of the male prison population were formerly in care, 'Children and Young People in Custody 2006-2008', HM Inspectorate of Prisons, 2008).

Alarmingly, 70% of children and young people who experience a mental health problem have not had appropriate interventions at a sufficiently early age (Mental Health Foundation).

Young people are presenting to us with a variety of disorders, ranging from Generalised Anxiety Disorder, through to Bipolar Disorder and Post Traumatic Stress Disorder.

In most cases, we can support young people within the existing NoLimitz structure, delivery model and resource framework, as exemplified by the following case study:

SUBJECT: RW (British Ghanian boy, aged 10) was referred to us by his school?s Special Educational Needs Co-ordinator (SENCO)

CONTEXT: Diagnosis of Autism Spectrum Disorder combined with severe anxiety, leading to lack of engagement in social activities and low educational attainment

ACTION: RW took part in the Hub, BANG?s 6 week early intervention programme (part of Nollmitz). Initially, he didn?t connect with the group and was very introverted. This was addressed by his Key Worker through121 work and via a number of teambuilding, communication, empathy, confidence-building and trust exercises.

RESULT: by the end of the programme there was a marked improvement in RW?s confidence, outlook and behaviour. After a session on team work and communication he fed back that, ?It was amazing, awesome because we built towers and played dominos and nothing was boring about this session and it was fantastic and I liked it. Skills practised: imagination, confidence, being a good leader, saying please and thank you. 100% liked this session? His SENCO happened to be in the room when he was giving this feedback. Later she said she was ?speechless? and wouldn?t have believed it, if she hadn?t heard it with her own ears. ?He had never showed as much enjoyment and positive feedback about anything.? He has since gone on to show a much more positive and active interest in learning.

However, there are circumstances in which the young person?s needs are so extensive and profound that they fall outside our current sphere of capability to address.

Therefore, a central innovation will be to introduce a therapeutic component to NoLimitz. This will entail recruiting a half time fully qualified and British Association for Counselling & Psychotherapy (BACP)-accredited Counsellor/Psychotherapist.

We will also offer OCN accredited-training in wellbeing-focused mentoring to a total cohort of 30 NoLimitz beneficiarles from the older age bracket (11-13), so that they can graduate into becoming volunteer peer mentors, providing on-going wellbeing support to other beneficiaries, alongside our staff team. This element will have a particular focus on aftercare ('Keep in Touch') support for NoLimitiz beneficiaries once formal counselling has ended, doubling up as 'step down' support from specialist interventions.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

We have achieved London Youth Bronze Quality Mark; On track to achieve Silver & Gold by December 2017.

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Providing counselling and therapeutic support to young people (8-13) with more severe mental health problems. The project will involve a combination of personcentred counselling techniques, as suitable/tailored to the needs of individual clients, including Cognitive Behavioural Therapy (CBT), Neuro Linguistic Programming (NLP) and Eye Movement Desensitization and Reprocessing (EMDR) therapy.

Providing Open College Network-accredited training in wellbeing mentoring support (30 hours' training in total) to 11-13 year olds so that they can deliver mentoring support to other young people as part of an after-care, step down initiative, working alongside BANG staff. This will be group-focused, revolving around practical wellbeing tips/advice.

Providing parents with skills to support young people who are experiencing mental health issues

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

90 young people will benefit from specialist counselling support over the 3 year period, of whom 81 (90%) will report that their mental health, emotional resillence and ability to cope with and overcome the challenges they face have improved as a direct result of the support received.

Parents and teachers will report a reduction in behavioural/conduct problems for 54 young people (60%).

School records will show that educational attainment has improved in 63 cases (70%).

30 young people (11-13) will develop mentoring and other skills (e.g. communication and problem-solving); 24 of these (80%) will achieve an OCN qualification; and 24 (80%) will report that mentoring others has enhanced their own emotional wellbeing by improving their sense of self-worth.

45 parents will develop skills and confidence to support young people experiencing mental health issues

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes, the Intention is for the service to be mainstream funded by the NHS/schools in the longer term, through, for example, the NHS Future in Mind programme, which is targeted at improving the mental health of children and young people. To achieve this mainstreaming objective, we need to build an evidence base that shows our therapeutic interventions are working.

# Who will benefit?

#### **About your beneficiaries**

How many people will benefit directly from the grant per year?
30
In which Greater London borough(s) or areas of London will your beneficiaries live?
Brent (100%)
What ago group(s) will henefit?
What age group(s) will benefit?  0-15
What gender will beneficiaries be?
All
What will the ethnic grouping(s) of the beneficiarles be?
Black/ African/ Caribbean/ Black British (including African; Caribbean; Any other Black/ African/ Caribbean background)
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
11-20%
11 10 70

# Funding required for the project



## What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Counsellor/Therapist	20,240	20,645	21,058	61,943
Project running costs	2,500	2,550	2,601	7,651
Volunteer training	1,000	1,020	1,040	3,060
Volunteer expenses	675	689	702	2,066
Insurance	1,000	1,020	1,040	3,060
Staff recruitment	1,500	0	0	1,500
Overheads	4,037	3,889	3,996	11,892
	0	0	0	0
	0	0	0	0

TOTAL:	30,952	29,812	30,437	91,172	٦
			//I	110	200

## What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
TOTAL:	0	0	0	0

#### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
We have only bid to City Bridge Trust	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0

#### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Counsellor/Therapist	20,240	20,645	21,058	61,943
Project running costs	2,500	2,550	2,601	7,651
Volunteer training	1,000	1,020	1,040	3,060
Volunteer expenses	675	689	702	2,066
Insurance	1,000	1,020	1,040	3,060
Staff recruitment	1,500	0	0	1,500
Overheads	4,037	3,889	3,966	11,892
	0	0	0	0
	0	0	0	0

TOTAL:	30,952	29,813	30,407	91,172

#### Finance details

Please complete using your most recent audited or independently examined accounts.

March 2016		Year: <b>2016</b>	Month: March	Financial year ended:
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Income received from:	£
Voluntary income	264,596
Activities for generating funds	0
Investment Income	91
Income from charitable activities	12,527
Other sources	0
Total Income:	277,214

Expenditure:	£
Charitable activities	244,954
Governance costs	6,380
Cost of generating funds	2,000
Other	0
Total Expenditure:	253,334
Net (deficit)/surplus:	23,880
Other Recognised Gains/(Losses):	0
Net Movement In Funds:	0

Asset position at year end	£
Fixed assets	34,454
Investments	0
Net current assets	65,572
Long-term liabilities	75,000
*Total Assets (A):	25,026

Reserves at year end	£
Restricted funds	23,784
Endowment Funds	0
Unrestricted funds	1,242
*Total Reserves (B):	25,026

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

#### **Statutory funding**

For your most recent financial year, what % of your income was from statutory sources? 0%

#### **Organisational changes**

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

N/A

Grant Ref: 14321

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#### **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

Year 3 £	Year 2 £	Most recent £	
0	0	C	
0	0	O	
0	0	0	
0	0	0	
0	0	0	
0	0	0	
	0 0	0 0 0 0 0 0 0 0	

#### **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3	Year 2	Most recent
Big Lottery Fund	0	89,503	149,171
Realising Ambition	208,009	50,962	296
John Lyons Charity	0	40,000	40,000
BBC Children in Need	0	28,389	28,694
Adventure Capital Fund	0	34,928	0

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Jennifer Ogole

Role within CEO

Organisation:

# Funding required for the project

# What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Counsellor/Therapist 3.5dpw	28,317	28,883	29,462	86,662
Project running costs	2,500	2,550	2,601	7,651
Volunteer training	1,000	1,020	1,040	3,060
Volunteer expenses	675	689	702	2,066
Insurance	1,000	1,020	1,040	3,060
Staff recruitment	1,500	0	0	1,500
Overheads	5,249	5,124	5,227	15,600
	0	0	0	0
	0	0	0	0
				-4

TOTAL:	40,241	39,286	40,072	119,599
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#### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
TOTAL:	0	0	0	0

#### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
We have only bid to City Bridge Trust	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
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#### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Counsellor/Therapist	28,317	28,883	29,462	86,662
Project running costs	2,500	2,550	2,601	7,651
Volunteer training	1,000	1,020	1,040	3,060
Volunteer expenses	675	689	702	2,066
Insurance	1,000	1,020	1,040	3,060
Staff recruitment	1,500	0	0	1,500
Overheads	5,249	5,124	5,227	15,600
	0	0	0	0
	0	0	0	0

TOTAL:	40,241	39,286	40,072	119,599

# The City Bridge Trust

# Investing In Londoners: Application for a grant



# About your organisation

Name of your organisation:	
	Children's Trust
If your organisation is part of a large	er organisation, what is its name?
The Children's Trust	
In which London Borough is your org	ganisation based?
Outside London	
Contact person:	Position:
Mrs Jessica Jones	Senior Corporate and Trust Manager
Website: http://www.thechildren	
Legal status of organisation:	Charity, Charitable Incorporated Company or
Registered Charity	company number: 288018
When was your organisation establis	hed? 18/10/1983

# **Grant Request**

Under which of City Bridge Trust's programmes are you applying?

**Making London More Inclusive** 

Which of the programme outcome(s) does your application aim to achieve?

Work supporting young disabled people (aged 16-25) in the transition to adulthood and/or independent living

Services helping people with a newly acquired or diagnosed disability to maintain choice and control in their lives

Please describe the purpose of your funding request in one sentence.

Funding a Brain Injury Specialist in London to support children and young people with an acquired brain injury as they return to home and school.

When will the funding be required? 01/04/2018

How much funding are you requesting?

Year 1: **£67,240** 

Year 2: £0

Year 3: £0

Total: £67,240

#### Aims of your organisation:

Our vision is that all children with brain injury have the opportunity to live the best life possible.

For children with brain injury and their families we aim to:

- be an internationally-recognised centre of excellence for care, rehabilitation, education and research
- reach out to children and families in their own community
- provide expert advice, training and information
- make our voice heard.

#### Main activities of your organisation:

We support thousands of children with brain injury and their families across the UK each year.

We provide rehabilitation to children with acquired brain injury at our national specialist centre in Surrey, helping them to make the best recovery after a serious accident or illness. The centre is also home to our special school and nursing services for children with complex medical needs.

We also provide community services and online support for families across the UK.

#### **Number of staff**

Part-time:	Management committee members:	Active volunteers:
337	11	534
		members:

#### Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	

#### Summary of grant request

Each year, more than 40,000 children are left with an acquired brain injury after an accident or illness.

While severe brain injuries are Immediately obvious, milder brain injuries are all too often overlooked as a child appears to make a good recovery. However, a hidden brain injury may cause children to struggle with physical, cognitive and behavioural difficulties, including fatigue, communication difficulties and emotional problems, e.g. aggression or depression. As a result of these difficulties, it is not uncommon for children with brain injury to dissociate from their family and home life and be excluded from school.

Research has also shown that children and young people with an unidentified brain injury are more likely to experience mental health difficulties, spend time in custody or live on-the streets. The impact of these difficulties can significantly reduce a child?s ability to access the same opportunities as their peers. It is therefore essential to ensure these children are identified at the earliest possible stage so they can receive appropriate support, stay engaged in education and divert them from a path which could lead to negative outcomes.

Through our Brain Injury Community Service at St George?s Hospital, London, we have supported 331 children in the last year who would otherwise have been left with unmet needs due to a brain injury. The Brain Injury Specialist has helped identify their needs and set individual rehabilitation goals, developing strategies with their family to enable them to achieve these goals. This support has helped children maintain their independence, improved their ability to access a wide variety of opportunities and helped them through key transition periods.

During the last year we have undertaken an in depth review and evaluation of the Brain Injury Community Service as a whole, UK wide. This has reinforced the need for support for individual children and families, showing that this is much-valued, but also identified some areas for improvement. These include implementing a more consistent approach to the initial screening and advice offered; being clearer with families about the boundaries of the service and defining the pathway from referral to discharge; simplifying our feedback tools; redesigning our data collection, and developing a more robust programme of awareness raising.

We are uniquely positioned to provide a Brain Injury Community Service in London thanks to our 30 years of experience in providing clinical expertise to children with brain injury. During that time, we have developed more and more specialist approaches towards brain injury and helping children make the best possible recovery and maintain control and choice in their lives.

Our experience in providing the Brain Injury Community Service at St George?s Hospital over the past two years, combined with our experiences in Leeds, Nottingham and Sheffield, places us in a great position to continue to provide this service.

We welcome all families living with brain injury, regardless of their backgrounds. Research has shown the brain injury disproportionately affects children from disadvantaged backgrounds, so in practice the Brain Injury Community Service is likely to support more families from lower socio-economic areas.

The Children?s Trust has over 500 volunteers who help us in all areas of our work. They are extremely important to our organisation. Our team of volunteer coordinators ensure all our volunteers are valued and supported.

The Children's Trust is constantly reviewing our environmental impact, and has set a number of objectives:

- Reduce energy wastage
- Use wherever possible recycled products
- Recycle as many materials and equipment as possible across site and in our shops
- Ensure development projects and refurbishments take all reasonable measures to ensure its buildings are energy efficient.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

Member of the Fundraising Regulator, The Information Standard certified member (for Brain Injury Hub). Outcome pending for CHKS accreditation.

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please Include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Children are referred to the Brain Injury Community Service at St George's Hospital from staff based in A&E, the neurological wards, acquired brain injury clinics, community health professionals, teachers, and parents.

Provision of support through phone contact directly with families returned home after injury and through contact with schools, multi-disciplinary teams, community teams and GPs.

Brain injury education is provided to families, teachers and multi-disciplinary teams and the awareness raising programme is developed.

Referrals are made as appropriate to other professionals for further support.

Evaluation of the service is carried out and learning dissemination completed.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Children?s ?hidden? needs are Identified in order to establish further support.

Children and young people have a greater understanding of brain injury and its impact.

Parents are better equipped to support their child.

Education professionals have a greater understanding of brain injury and its impact.

Professionals are more aware of our services.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We intend to continue the Brain Injury Community Service at St George's Hospital beyond the next year. We will source further funding through applications to trusts and foundations and will also be benefiting from a multi-year corporate partnership supporting the national Brain Injury Community Service.

# Who will benefit?

#### **About your beneficiaries**

How many poople will benefit directly from the great server.
How many people will benefit directly from the grant per year?
350
In which Greater London borough(s) or areas of London will your beneficiaries live?
London-wide (100%)
What age group(s) will benefit?
0-15
16-24
What gender will beneficiarles be?
All
What will the ethnic grouping(s) of the beneficiaries be?
A range of ethnic groups
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
91-100%

# Funding required for the project

## What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Brain Injury Specialist (incl. NI and Pension)	£52,879			£52,879
Brain Injury Specialist Assistant, 0.8 FTE (Incl. NI & Pen)	£21,341			£21,341
Brain Injury Specialist Administrator, 0.2 FTE (incl. NI & Pen)	£4,659			£4,659
Staff Training	£400			£400
Management time of Head of Brain Injury Community Service, 0.18 FTE (Incl NI & Pen)	£10,640			£10,640
Professional Materials and Equipment	£550			£550
Office Expenses	£740			£740
Travel	£1,250			£1,250
Central Costs Allocation	£9,512			£9,512
TOTAL:	£101,971			£101,971

## What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
TOTAL:				

# What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Tom and Shella Springer Charity	£10,000			£10,000
The Metropolitan Masonic Charity	£5,000			£5,000
Goodman Foundation	£10,000			£10,000
Ladbrokes Coral Trust	£2,000			£2,000
The Ironmongers' Company (application planned for July deadline)	£10,000			£10,000
TOTAL:	£37,000			£37,000

#### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Brain Injury Specialist (Incl. NI and Pension)	£52,879			£52,879
Staff Training	£400			£400
Professional Materials and Equipment	£1,290			£1,290
Travel	£1,250			£1,250
Central Costs Allocation	£9,512			£9,512
TOTAL:	£65,331			£65,331

#### **Finance details**

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: <b>2017</b>	
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Income received from:	£
Voluntary Income	3,931,000
Activities for generating funds	2,930,000
Investment Income	195,000
Income from charltable activities	15,881,000
Other sources	282,000
Total Income:	23,219,000

Expenditure:	£
Charitable activities	20,972,000
Governance costs	193,000
Cost of generating funds	4417,000
Other	0
Total Expenditure:	25,582,000
Net (deficit)/surplus:	-2,363,000
Other Recognised Gains/(Losses):	1,630,000
Net Movement in Funds:	-733,000

Asset position at year end	£
Fixed assets	15,415 <u>,</u> 000
Investments	3,065,000
Net current assets	13,505,000
Long-term liabilities	2,584,000
*Total Assets (A):	29,401,000

£
2,750,000
807,000
25,844,000
29,401,000

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

# Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 61-70%

#### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

None

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#### **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	5,727,000	5,742,000	5,612,000
London Councils	0	0	0
Health Authorities	9,361,000	9,140,000	8,206,000
Central Government departments	229,000	320,000	116,000
Other statutory bodies	164,000	152,000	152,000

#### **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3	Year 2 £	Most recent
Anonymous	50,000	60,000	25,000
The Revere Charitable Trust	50,000	50,000	50,000
Garfield Weston Foundation	75,000	0	50,000
BBC Children in Need	31,980	42,750	27,217
The Lockwood Charitable Foundation	0	0	100,000

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Jessica Jones

Role within **Senior Corporate and Trust Manager** 

Organisation:

Grant Ref: 14330

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# The City Bridge Trust





# **About your organisation**

Name of your organisation:				
Down's Syndr	rome Association			
If your organisation is part of a larger organ	isation, what is its name?			
N/A				
In which London Borough is your organisation	n based?			
Richmond				
Contact person:	Position:			
Ms Prerna Uppal	Trusts Fundraiser			
Website: http://www.downs-syndrome.org.uk				
Legal status of organisation:	Charity, Charitable Incorporated Company or company number:1061474			
Registered Charity				
When was your organisation established? <b>06</b>	/11/1970			

#### **Grant Request**

Under which of City Bridge Trust's programmes are you applying?

#### **Making London More Inclusive**

Which of the programme outcome(s) does your application aim to achieve?

Disabled people actively taking part in the arts or sport

Disabled people reporting increased well-being as a result of taking part in the arts or sport

Please describe the purpose of your funding request in one sentence.

To deliver a bespoke sports programme for children and adults with Down's syndrome living in London.

When will the funding be required? 02/04/2018

How much funding are you requesting?

Year 1: **£64,518** Year 2: **£65,928** Year 3: **£67,560** 

Total: £198,006

#### Aims of your organisation:

DSA is a national charity, dedicated to helping people with Down?s syndrome live full and rewarding lives throughout their life span.

#### Main activities of your organisation:

We provide information, support and training support; empowering around 40,000 people with Down's syndrome living in the UK and those closest to them. We champion their rights, campaign against discrimination and improve awareness, knowledge and understanding of the condition. We have specialist advisers on benefits, education, health and social care who advise new parents or anyone with questions. Our services include: developing and sharing information, running training courses for parents and professionals; conducting assessments for individuals with Down's syndrome and delivering our successful employment programme called Workfit to find suitable work for adults with Down's syndrome. In addition we run a sports programme to get more children and adults involved in an active sport.

#### **Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
30	12	10	125

#### Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	N/A

#### **Summary of grant request**

DSActive is a unique sports programme for children and adults with Down's syndrome (DS). Working in partnership with local community sports clubs, it supports 42 football and 22 tennis clubs across England and Wales. There are 4 tennis and 8 football DSActive clubs running across London, supporting 215 participants.

DSActive was created to address the sedentary lifestyle of people with DS and the associated health problems, including obesity. A 2010 study found that only 7.4% of adolescents and 0% of adults with the condition met the recommended levels of physical activity; 48% of people with DS fall in the 'obese' category.

Launched in 2006, DSActive has made a huge difference in the lives of people with DS. Players have seen improvements in their physical wellbeing, including weight loss, as well as improvements in their social wellbeing, with players reporting having more friends and more confidence in social situations. And, families benefit as well, especially when they meet with other parents and families of children with Down?s syndrome helping them strengthen their support network.

#### Continues overleaf

#### **Summary of grant request**

#### Continued from previous

As with all our projects, DSActive strives to make society more inclusive for people with DS. In addition to impacting their health and general well-being, building their confidence and social skills, it opens up pathways for them to move into pan disability and inclusive sports activities.

With over 8,000 people with DS In London, we want to offer more DSActive sessions across London, especially in NE London. It was recently reported to have some of the most inactive boroughs in London, consequently making it harder for people with DS in these areas to be physically active.

In a bid to provide a wider range of activities, DSActive plans to launch a series of Athletics clubs. We piloted this part of the project in summer this year to an overwhelmingly positive response from players and their families.

To make DSActive more inclusive, the DSA would partner with London gyms and leisure centres to offer better access and support to those who would like to exercise more frequently and independently, without having to wait for weekly DSActive sessions. By training members of staff to support the needs of clients with DS, we hope local leisure centres will offer a more inclusive environment for all its users.

Every year, we will host an annual festival, one each for the Tennis and Athletics teams across London and a Sports Day for Gym users.

We will appoint a designated sports officer to support our London-based users. They will carry out the necessary work to launch this phase of our project and sustain activity thereafter.

They will report to the DSActive Project Manager who has a degree in Psychology, including specialising in Health Psychology; he is also a qualified Personal Trainer and Dietician. His work is overseen by our Services Director who has a strong background in learning disabilities within health, education and social care.

The DSA is a user-driven organisation promoting and facilitating information exchange between our members via 125 regional, affiliated, parent-led groups who, with our guidance, contribute to government policy at all levels. Our Trustees are service users, or have DS themselves. We currently have approximately 200 volunteers who work with us on a regular basis in a wide range of roles.

We are constantly taking steps to reduce our carbon footprint. In 2017 we made series of changes to make our building more energy efficient. Recently we installed cycle racks and a shower to encourage staff to cycle to work. Wherever possible we encourage remote working and use online resources to facilitate meetings and training.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

Whilst the DSA does not have a recognised quality assurance certificate in place we do have rigorous systems and processes

for ensuring that our organisation, projects and people are well managed and work efficiently and effectively.

The organisation hierarchy is designed to ensure that there is regular and careful management of all of our projects and activities. The Board of Trustees have ultimate control, and they meet 4 times a year to review and plan on a quarterly basis. The Chief Executive is in close contact with the Chair so that she is up to date with all progress. The staff Senior Management Team meet every 6 weeks. At these meetings each department submits a progress report and each report is discussed, so that all Senior Managers are aware of the progress of the organisation in all areas and can pull together to address any issues. Senior managers then feedback to their own department so that all staff are up to date and working towards the same goals.

Staff and volunteer management is also arranged departmentally, with each department having a head who is the line manager and budget holder for their department. The line manager knows their Individual staff members well and will be in regular, usually daily, contact with them to ensure that they are working to fulfill their objectives. An annual formal appraisal is undertaken by all staff to formally record the progress and achievements over the last year and set objectives for the year ahead. The Senior Management team manage the Heads of Departments and regularly appraise them and the Chief Executive is managed by the Chair. The HR Manager oversees all the recruitment and selection processes. The induction process for new staff and trustees is documented and follows set procedures. The HR Manager records all leave, maternity leave, sickness absence etc. and reports to the Chief Executive. There is an annual budget for staff training.

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

To recruit a London-based project officer to expand the reach of DSActive across London, especially in North East of the city, which has some of the most inactive boroughs in London-this includes Newham, Barking, Dagenham and Enfield.

To increase the number of participants. We envision recruiting around 8 participants per club annually with the introduction of 1 football club, 2 tennis, and 3 athletics clubs in a three year period.

To maintain 12 existing clubs and recruit additional participants to each new club through additional presence in the London region.

To partner with gym/leisure centres across London and Greater London to offer a wider range of sports/physical activities for DSActive members or any one with Down's syndrome.

To launch 1 football club, 2 tennis, and 3 athletic clubs across London in a threeyear period What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

More people with DS will have access to sport, and additional sporting opportunities will be available to them. Families will benefit as sessions will provide an opportunity to share experiences and develop new contacts and friendships. Coaches will benefit from the training available and from the experience of coaching.

An increase in physical activity leading to increased reporting of general well-being, healthy weight, and social benefits.

Maintaining opportunities for physical activity will increase skill level and maximise the potential for people with DS to progress to more varied inclusive activities

By working in partnership with gyms and leisure centres, these facilities will become more accessible and supportive to the needs of people with DS, helping them become more inclusive.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We continue to diversify our funding streams and work hard to remain on target. Our committed and loyal membership sources general donations, legacies and fundraising events income. We strive to inspire interest from existing and new corporates and charitable trusts. We seek opportunities to secure statutory funding, although these openings are very limited.

## Who will benefit?

## About your beneficiaries

How many people will benefit directly from the grant per year?
400
In which Greater London borough(s) or areas of London will your beneficiaries live?
London-wide (100%)
What age group(s) will benefit?
0-15
16-24
25-44
What gender will beneficiaries be?
All
What will the other growning(s) of the honoficiaries had
What will the ethnic grouping(s) of the beneficiaries be?
A range of ethnic groups
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
91-100%

## **Funding required for the project**

#### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
London Project officer salary	27,025	27,701	28,532	83,258
DSActive Manager salary component	6,628	6,794	6,998	20,420
Office Costs, Resources & Staff training	6,000	6,100	6,202	18,302
Marketing & Publicity	2,500	2,550	2,601	7,651
Summer Athletics Club	5,000	5,100	5,202	15,302
Start Up Grants to launch new clubs	2,000	2,000	2,000	6,000
Festivals	6,000	6,120	6,242	18,362
Travel & Subsistence	3,500	3,570	3,641	10,711
Management & Admin (@10%)	5,865	5,993	6,142	18,000

TOTAL:	64,518	65,928	67,560	198,006

#### What income has already been raised?

Source	Year 1	Year 2	Year 3	Tota
None	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0

#### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
TOTAL:	0	0	0	

#### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
London Project Officer salary	27,025	27,701	28,532	83,258
DSActive Manager salary component	6,628	6,794	6,998	20,420
Office Costs, Resources and Staff training	6,000	6,100	6,202	18,302
Marketing and Publicity	2,500	2,550	2,601	7,651
Summer Athletics Club	5,000	5,100	5,202	15,302
Start up grants (to launch new clubs)	2,000	2,000	2,000	6,000
Festivals	6,000	6,120	6,242	18,362
Travel and Subsistence	3,500	3,570	3,641	10,711
Management and Administration (@10%)	5,865	5,993	6,142	18,000

TOTAL:	64,518	65,928	67,560	198,006	

SUBSEQUENTY ROVISED - SEE APPEX A

#### Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month:	Year:
	March	2017

Income received from:	£
Voluntary income	1,014,679
Activities for generating funds	467,747
Investment income	10,208
Income from charitable activities	529,504
Other sources	164,725
Total Income:	2,186,863

Expenditure:	£
Charitable activities	1,814,356
Governance costs	50,730
Cost of generating funds	368,285
Other	0
Total Expenditure:	2,233,371
Net (deficit)/surplus:	-46,508
Other Recognised Gains/(Losses):	-26
Net Movement In Funds:	46,534

Asset position at year end	£
Fixed assets	1,181,207
Investments	527
Net current assets	1,851,093
Long-term liabilities	-226,435
*Total Assets (A):	2,806,392

Reserves at year end	£
Restricted funds	1,344,938
Endowment Funds	0
Unrestricted funds	1,461,454
*Total Reserves (B):	2,806,392

<sup>\*</sup> Piease note that total Assets (A) and Total Reserves (B) should be the same.

#### **Statutory funding**

For your most recent financial year, what % of your income was from statutory sources? 1-10%

#### **Organisational changes**

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

None.

Grant Ref: 14513

#### Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	35,046	29,206	32,125
Other statutory bodies	40,850	35,824	27,984

#### **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3	Year 2	Most recent
The Henry Smith Charlty	0	0	21,000
Zochonis Charitable Trust	31,000	0	15,000
Balley Thomas Charitable Fund	0	10,000	0
Eveson Charitable Trust	0	0	10,000
Garfield Weston Foundation	25,000	0	25,000

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Prerna Uppal

Role within Trusts Fundraiser

Organisation:

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## Funding required for the project

#### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
London Project officer salary	27,025	27,701	28,532	83,258
DSActive Manager salary component	6,628	6,794	6,998	20,420
Office Costs, Resources & Staff training	6,000	6,100	6,202	18,302
Marketing & Publicity	3,500	3,570	3,641	10,711
Summer Athletics Club	5,000	5,100	5,202	15,302
Start Up Grants to launch new clubs	2,000	2,000	2,000	6,000
Festivals	6,000	6,120	6,242	18,362
Travel & Subsistence	2,500	2,550	2,601	7,651
Management & Admin (@10%)	5,865	5,993	6,142	18,000

### What income has already been raised?

Source (All Own Contribution)	Year 1	Year 2	Year 3	Total
DSActive Manager salary component	6,628	6,794	6,998	20,420
Office Costs, Resources & Staff training	6,000	6,100	6,202	18,302
Start Up Grants to launch new clubs	2,000	2,000	2,000	6,000
Festivals	6,000	6,120	6,242	18,362
Marketing & Publicity	3,500	3,570	3,641	10.711
Management & Admin (@10%)	2,413	2,458	2,508	7,379

TOTAL:	26,541	27,042	27,591	81,174

## What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
TOTAL:	0	0	0	

#### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
London Project Officer salary	27,025	27,701	28,532	83,258
Travel & Subsistence	2,500	2,550	2,601	7,651
Summer Athletics Club	5,000	5,100	5,202	15,302
Management and Administration (@10%)	3,452	3,535	3,634	10,621

TOTAL:	37.977	38,886	39,969	116.832
		30,000	-0,000	

# The City Bridge Trust Agenda Iter

# **Investing In Londoners:** Application for a grant



## **About your organisation**

Name of your organisation:	
Parochial Church Council	of St Mary, Stoke Newington
If your organisation is part of a larger organi	isation, what is its name?
Church of England	
In which London Borough is your organisation	on based?
Hackney	
Contact person:	Position:
reverend Dilly Baker	Rector
Website: http://www.stmaryn16.org	
Legal status of organisation:	Charity, Charitable Incorporated Company or
Excepted - Church	company number:1133877
When was your organisation established? 01	/01/2011

## **Grant Request**

Under which of City Brid	ge Trust's programmes are	you applying?
	<b>Making London More</b>	e Inclusive
Which of the programme	outcome(s) does your app	llcation aim to achieve?
Community buildings	that are more accessible	and as a result
Please describe the purp	ose of your funding request	t in one sentence.
	community centre, and vestibility in the redesigne	would like financial support for ed building.
When will the funding be	required? 30/08/2018	
How much funding are ye	ou requesting?	
Year 1: <b>£100,000</b>	Year 2: <b>£0</b>	Year 3: <b>£0</b>
Total: £100,000		

#### Aims of your organisation:

We are a Christian Church that aims to support the most marginalised members of our local community. In response to our mission statement, the challenge for St Mary?s is how we can create inclusive, flourishing communities within the local context of an increasing disparity in wealth, social distress caused by austerity and a reduction in community activities due to lack of suitable local facilities. The complexity of this task is, we believe, beyond the power of any one institution, faith or ideology and we therefore work hard at creating partnerships between different institutions and agencies - both faith based and secular - that share our vision. Our diverse and committed congregations have an excellent track record in forging partnerships and networks over the past twenty-five years. This has resulted in the creation of sustainable projects for the good of our community.

#### Main activities of your organisation:

The subject of this application is our project to completely rebuild our community hub, adjacent to the church. Please note that although the church and community hub operate under the same charity number, they are effectively run as separate organisations, and all answers in this application refer to the community centre, not the church.

The Centre is used extensively by members of the local community and partner organisations working with marginalised people. These organisations include: The Hackney Winter Night Shelter, The Hackney Migrants Centre, the Elderly, the Food Bank, the Kehillah Jewish Community, local interfaith groups, and less formal groups such as our community 'open table'.

The Centre provides a space where any organisation that serves the community can provide hot food, shelter and support to the people they work with. Although it is very heavily used, we try to accommodate as many requests as possible for its use by local community groups.

#### **Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
1	3	15	110

#### Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	

#### **Summary of grant request**

We will rebuild our church hall to create a hospitable, inclusive community hub which people will enjoy using. The hall was designed in the 1990's exclusively for church use, but is now being used solely by third party organisations which work with marginalised members of the community. It is poorly designed, not accessible for people with disabilities, inflexible, and lacks private space for sensitive consultations.

We will rebuild and extend the hall adjacent to create a well designed, flexible and accessible community hub. This will mean that we can meet the needs of both our present user groups and those we are looking to work alongside in the future.

The existing hall is no longer fit for purpose and poses a threat to the continuation of current activities. A redesigned, purpose-bullt, outward facing community centre is crucial in enabling St Mary?s to fulfil its mission of working with partners in providing hospitality and service to the most marginalised in the community - including asylum seekers, the homeless, the isolated and those in food poverty? and to open our doors to community groups and local groups seeking a space for a social gathering or a meeting.

The new St Mary?s Centre will be able to offer a better service to partners who presently use the site enabling them to meet their own qualitative and quantitive objectives such as exiting homelessness, reducing isolation, building self-esteem, increasing the numbers of people who can use services and engaging more volunteers.

Some volunteers who work at the centre are from the church congregation but the vast majority are from the wider community and from all walks of life work alongside - all committed to serving their neighbours. More than 110 volunteers support the various activities which take place in the hall.

However the hall is struggling to accommodate the growing need, and is no longer adequate: twenty-five people share one shower, there are no private spaces for meetings with key workers, and supper tables have to be removed before beds can be made up.

The groups currently using the existing church rooms include:

The Hackney Winter Night Shelter
The Hackney Migrant Shelter
The Food Bank
Kehillah, a Jewish Group
Community groups such as yoga, fitness.
Community Choir
children's ballet

In the new centre we intend to offer the following additional services in partnership with other organisations:

A Soup Kitchen (already requested)
A Community Lunch and Supper Programme
Community Money Advice Centre (already requested)
A Credit Union
Support Services for people with mental health issues (already requested)
Support services for people with dementia (already requested)
pre and after school groups
Homework clubs

We have been asked by the Turkish community if we would like to partner in running a women?s yoga and meditation group, aimed at encouraging isolated Turkish women who speak limited English, to be alongside others in an atmosphere of friendship and relaxation. The current half cannot accommodate this, but the new half will be able to.

We are determined that the new building will be fully accessible for people with disabilities, and that people with additional needs (both volunteers and guests) will feel safe within the space and more able to see themselves as valued participants in society. They will be able to access the Centre more easily and there will be better facilities for them.

Although we are applying for funding for assistance with ensuring the new building is fully accessible, we feel that there were a number of programmes that might have been appropriate, and hope that you will take this into consideration.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Hackney Migrant Centre, offering support to recent migrants to the UK. St Mary?s works in partnership with this charity, providing the venue, volunteer advice and cooks and hospitality to the many who attend each week.

Hackney Winter Night Shelter. The charity employs advocate workers who help guests exit rough sleeping and move into permanent accommodation. Volunteers run the shelter, providing a hot supper, a bed for the night and a sustaining breakfast in the morning.

Food Bank. Working in partnership with the Trussell Trust, the church rooms have become the location for a weekly Food Bank. The number of people using this has grown significantly over 2016 as delays in peoples benefits and rising rental costs have left people with less money for food

Kehillah, a diverse Jewish group. St Mary?s hosts the Jewish Community on a Saturday and this falth group would be keen to use the facilities more if they were to be developed a way that enabled more flexibility and were more suitable for elderly members.

Soup Kitchen. This has the potential to serve one hundred people weekly and involve community volunteers in similar numbers.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

We will no longer have to turn people away from the Migrant Centre, or have them wait outside to be seen, because there will be more space and better designed facilities.

The Night Shelter will have separate facilities for men and women, increasing the security and comfort of the increasing number of women who use the shelter.

The foodbank will have improved and increased storage, meaning that we can feed all of the people who need it, rather than turning people away or referring them to another foodbank, as sometimes happens now.

Kehillah, the jewish group will make more use of the centre.

The soup kitchen will feed 100 people each week, with 100 volunteer posts being created.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

N/A - the new building will be cheaper to run than the building it is replacing.

## Who will benefit?

## **About your beneficiaries**

How many people will benefit directly from the grant per year?
300
In which Greater London borough(s) or areas of London will your beneficiaries live?
Hackney (80%)
Islington (10%)
Haringey (10%)
What age group(s) will benefit?
All ages
What gender will beneficiaries be?
All
What will the ethnic grouping(s) of the beneficiaries be?
A range of ethnic groups
If Other others group, plants give details.
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
21-30%

## Funding required for the project

## What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Improvements to accessibility	164,000	0	0	0
other construction work	1,112,000	0	0	0
fees	215,000	0	0	0
surveys	20,000	0	0	0
non-recoverable VAT	20,000	0	0	0
contingency	77,000	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL: 1,608,00 0 0	
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#### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Sale of property	1,100,000	0	0	0
grants from trusts and foundations	100,000	0	0	0
own fundraising	50,000	0	0	0
8	0	0	0	0

TOTAL:	1,250,00	0	0 0

### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Headley Trust	30,000	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

-114					
ľ	TOTAL:	30,000	0	0	0

#### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
accessible toilets	30,000	0	0	0
accessible entranceways	20,000	0	0	0
improvements to signage	5,000	0	0	0
improvements to kitchen	10,000	0	0	0
Improvements to accessibility throughout	35,000	0	0	0
TOTAL:	100,000	0	0	

#### **Finance details**

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month:	Year:	
	December	2016	

Income received from:	£
Voluntary Income	195,193
Activities for generating funds	49,100
Investment income	1,922
Income from charitable activities	7,385
Other sources	1,563
Total Income:	255,163

Expenditure:	£
Charitable activities	213,214
Governance costs	0
Cost of generating funds	4,679
Other	0
Total Expenditure:	217,893
Net (deficit)/surplus:	37,270
Other Recognised Gains/(Losses):	5,367
Net Movement in Funds:	37,270

Asset position at year end	£
Fixed assets	59,195
Investments.	
Net current assets	1,227,942
Long-term (labilities	
*Total Assets (A):	1,287,137

Reserves at year end	£
Restricted funds	73,100
Endowment Funds	0
Unrestricted funds	1,214,037
*Total Reserves (B):	1,287,137

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

#### **Statutory funding**

For your most recent financial year, what % of your income was from statutory sources? 0%

#### **Organisational changes**

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

N/A

Grant Ref: 14284

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#### **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3	Year 2 £	Most recent £
City of London (except City Bridge Trust)	0	0	C
London Local Authorities	0	0	C
London Councils	0	0	C
Health Authorities	0	0	O
Central Government departments	0	0	0
Other statutory bodies	0	0	0

#### Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3	Year 2	Most recent
Garfleld Weston Foundation	0	0	30,000
Bernard Sunley Foundation	0	0	20,000
Allchurches Trust	0	0	18,500
LPWS VAT Scheme	98,000	0	0
	0	0	0

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes

Full Name: Dilly Baker

Role within

Rector

Organisation:

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# The City Bridge Trust Agenda Ite

## Investing In Londoners: Application for a grant



## **About your organisation**

Name of your organisation:	
R	ethink Mental Illness
If your organisation is part of a lar	ger organisation, what is its name?
In which London Borough is your o	organisation based?
Lailibétii	
Contact person:	Position:
Contact person:	Position:  Head of Trusts and Grants
Contact person:  Mr Shoaban Nair	Head of Trusts and Grants
	Head of Trusts and Grants

#### **Grant Request**

Under which of City Bridge Trust's programmes are you applying?

**Making London More Inclusive** 

Which of the programme outcome(s) does your application aim to achieve?

Work supporting young disabled people (aged 16-25) in the transition to adulthood and/or independent living

Please describe the purpose of your funding request in one sentence.

We are seeking funding to help young people starting university study to maintain or improve their mental health, through co-produced and co-delivered training.

When will the funding be required? 03/04/2018

How much funding are you requesting?

Year 1: **£67,359** Year

Year 2: **£65,550** 

Year 3: £0

Total: £132,909

#### Aims of your organisation:

Our mission as a charity is ?Leading the way to a better quality of life for everyone severely affected by mental illness?. This includes people affected by mental illness, their carers, families and friends.

For 2016-21 our aims are:

- 1. Equipping people severely affected by mental illness and their carers to be leaders in their own care.
- 2. Ensuring people severely affected by mental illness are treated justly and their rights are respected and enhanced.
- 3. Getting the best care at the right time, in the right place, for people severely affected by mental illness.
- 4. Helping everyone severely affected by mental illness to have the best possible quality of life.
- 5. Supporting the whole person by ensuring mental, physical, psychological and social needs are treated as one.

Our Trustee board includes representatives from all of our eight Regional Committees, which cover the whole of England and consist of people with lived experience of mental illness and carers.

#### Main activities of your organisation:

We provide more than 200 local services across England, supporting thousands of people through:

- ? Housing for people experiencing mental illness.
- ? Advice and information about topics relating to mental health.
- ? Advocacy.
- ? Mental health support for people in prisons and in the community.
- ? Support for carers of people with mental illness.

Our national Advice and Information Service supports thousands of people every year. We also run 117 local volunteer-led peer support groups for people with mental illness and their carers.

We lead the sector in Co-production and involvement, including through our Recovery and Outcomes work with people in secure mental health care services. Our Co-production projects have developed recently with the support of the City Bridge Trust.

We campaign for policy change and to reduce the stigma and discrimination around mental illness. We run the national campaign Time to Change with Mind, which has improved more than 3.5 million people?s attitudes to mental health since 2007.

#### **Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
423	342	12	226

#### Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	Until 2022

Grant Ref: 14399 Page 54

#### **Summary of grant request**

The need

The number of students to drop out of university with mental health problems has more than trebled since 2009 (Higher Education Statistics Agency, 2017).

The Higher Education Policy Institute?s 2016 report ?The invisible problem?? recommended increasing funding for university counselling and support services.

Urban living raises the risk of anxiety disorders and mood disorders by 21 per cent and 39 per cent respectively (Pruessner et al, 2011).

Step Up into University, builds on the learning from Uthink London, which you generously supported until 2014 and established a network of Mental Health Champions. This network is now supported by our Step Up project for young people aged 16-25.

The team delivering Step Up has received enquiries from five London universities. We have developed the idea for Step Up into University as a result.

How the work will be delivered

We will recruit Champions, who have lived experience of mental illness, in four London universities, then organise consultation events to define the key unmet mental health support needs of young people at universities, and agree the priorities that Step Up into University will address.

We will co-design, with Champions, at least six training courses that address priority unmet needs.

We will promote and run these courses, supporting students who receive Step Up Into University training to in turn become Champions to create a sustainable structure.

What our project will aim to achieve and how we fit with your aims

We will aim to improve or maintain the mental health of young people making the transition to studying at London universities, preventing them from experiencing mental health crises and dropping out of university.

Monitoring and evaluation

Participants in Step Up Into University training sessions will complete the Warwick Edinburgh Mental Wellbeing Scale and an activation scale before and after they receive the training.

We will also ask participants for feedback about our delivery approaches and course content.

We will carry out an in-depth study on four Champions with the Tavistock Institute, our evaluation partner, who will help us to produce a theory of change and impact evaluation framework. We will evaluate teach training course and the overall programme, and collate case studies, vlogs and other personal narratives.

Continues overleaf

#### Continued from previous

We will also use our learning from this project to inform our other Co-production work and provide a commissionable training offer.

Why we are the right organisation to deliver the work

We have been successfully delivering co-production projects since 2011, including:

- -Developing and delivering training on mental health awareness to teaching staff in the Tri-Borough.
- -Recruiting, training and supporting a team of young Champions to inform the transformation of CAMHS in the Tri-Borough.
- -Co-designing a digital app to facilitate better medication and care-planning for adults with mental illnesses.
- -Supporting Forward Trust to co-produce a re-design of substance and alcohol services across East Kent.
- -Step Up, in which, since September 2015, more than 200 young people aged 16-25 report that, as a result of the project, they have increased knowledge of mental health services and support networks, enhanced skills in managing transition and new skills or tools to manage wellbeing during a period of change. This project is funded by the Big Lottery Fund, who have encouraged us to pursue funding to expand the project.

Our work is informed by NESTA?s principles of Co-production and the National Survivor User Network?s 4PI standards.

Principles of good practice

Champions will meaningfully co-produce and co-deliver the project. Our Step Up Champions have a range of experiences with mental health and are from a diverse range of backgrounds.

We will continue to take steps to reduce our carbon footprint.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? No

What Quality Marks does your organisation currently hold?

Fundraising Regulator; Investors in People Silver; Mindful Employer; Disability Confident Employer, CHAS (The Contractors Health and Safety Assessment Scheme) Living Wage Employer; Helplines Standard; Advice Quality Standard.

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please Include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

We will recruit 20 London university students to act as Co-production Champions in year one and 20 more in year two. We will organise consultation events to agree priority needs that Step Up into University will address. Half the year one Champions will act as Champions again in year two.

We will provide training for Champions on mental health support, co-production methods and principles, and group facilitation and training skills. We will create personal development plans with all our Champions and provide group and one-to-one supervision. We will also provide Champions with access to our e-learning courses.

Co-production: We will work with the Champions and other stakeholders to coproduce training programmes and resources. We will develop at least six distinct participatory training courses that meet the needs we identified in the scoping and engagement stage and refine these in year two.

In year one, we will run 24 training events at four universities for a total of 240 students. In year two, we will run 36 training events with six universities, benefiting a further 360 students. We will support training participants from year one to become Champions in year two.

We will work with Champions to evaluate monitoring data and training participants? feedback from year one and refine courses for year two. We will consult with university welfare staff and Champions after year one to gauge any change in students? support-seeking behaviour and improvements in the universities? mental health-promoting cultures.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Students who attend training will have:

- -increased knowledge about mental wellbeing and how to maintain their mental health
- -improved skills to self-manage their mental health needs and identify how and when to seek additional support
- -increased confidence to make changes in their behaviour to improve mental wellbeing.

Seeking support: Students attending the training will benefit from an increased knowledge of where to get support for their mental health needs, increased confidence to seek support when they need it, and reduced sense of stigma about seeking mental health support.

Skills for life: Champions will benefit in increased skills and confidence in developing, coordinating and managing programmes of work, including increased knowledge and skills in mental health promotion.

Continues overleaf

#### Continued from previous

Community wellbeing: Participating university communities will benefit from increased awareness of the importance of mental health and wellbeing among their student populations, extending beyond those who have attended the courses, and reduced stigma about talking about mental health needs and seeking support.

A sustainable model: University welfare staff and volunteers will benefit from a sustainable model to develop and provide mental health training, which can continue beyond the end of the funding we are asking you to consider giving.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes. We and our Mental Health Champions will co-produce training materials that these Champions will use to train other students, and support them to in turn also become Champions, at minimal cost beyond the grant. If some dedicated staff time is required to continue to advise Champions, we will apply for other funding for this towards the grant?s end.

## Who will benefit?

#### **About your beneficiaries**

How many poonly will handly directly from the most and any
How many people will benefit directly from the grant per year?
320
In which Greater London borough(s) or areas of London will your beneficiaries live?
London-wide (100%)
London wide (10070)
What age group(s) will benefit?
16-24
What condon will hereficiance he?
What gender will beneficiarles be?
All
What will the other grouping/s) of the boundal-vis-ball
What will the ethnic grouping(s) of the beneficiaries be?
A range of ethnic groups
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
61-70%

## **Funding required for the project**

## What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Manager salary, NI and pension and recruitment	28,515	28,489	0	57,004
Payments to agency trainers	3,750	2,500	0	6,250
Management costs	6,068	5,905	0	11,973
Project Manager laptop, consumables, travel and subsistence costs	1,870	1,300	0	3,170
Champions travel and subsistence	7,680	11,520	0	19,200
Development of training materials and packs	6,000	2,000	0	8,000
Attendance at training and conferences	2,248	2,769	0	5,017
Evaluation from Tavistock Institute	5,000	5,000	0	10,000
Finance, HR, ICT, telephone, insurance and governance	6,228	6,067	0	12,295

TOTAL:	67,359	65,550	0	132,909

#### What income has already been raised?

Source	Year 1	Year 2	Year 2 Year 3	
	0	0	0	0
TOTAL:	0	0	0	0

#### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
TOTAL:	0	0	0	0

## How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Manager salary, NI and pension and recruitment	28,515	28,489	0	57,004
Payments to agency trainers	3,750	2,500	0	6,250
Management costs	6,068	5,905	0	11,973
Project Manager laptop, consumables, travel and subsistence costs	1,870	1,300	0	3,170
Champions travel and subsistence	7,680	11,520	0	19,200
Development of training materials and packs	6,000	2,000	0	8,000
Attendance at training and conferences	2,248	2,769	0	5,017
Evaluation from Tavistock Institute	5,000	5,000	0	10,000
Finance, HR, ICT and governance	6,228	6,067	0	12,295

TOTAL:	67,359	65,550	0 132	,909

#### Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: <b>2017</b>
	Pidi di	2017

Income received from:	£
Voluntary Income	2,161,000
Activities for generating funds	101,000
Investment Income	183,000
Income from charitable activities	31,272,000
Other sources	0
Total Income:	33,717,000

Expenditure:	£
Charitable activities	33,714,000
Governance costs	0
Cost of generating funds	1,263,000
Other	134,000
Total Expenditure:	35,111,000
Net (deficit)/surplus:	-1,394,000
Other Recognised Gains/(Losses):	845,000
Net Movement in Funds:	-549,000

Asset position at year end	£
Fixed assets	4,154,000
Investments	9,758,000
Net current assets	2,137,000
Long-term liabilities	4,369,000
*Total Assets (A):	11,680,000

Reserves at year end	£
Restricted funds	2,470,000
Endowment Funds	0
Unrestricted funds	9,210,000
*Total Reserves (B):	11,680,000

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

#### **Statutory funding**

For your most recent financial year, what % of your income was from statutory sources? 81-90%

#### **Organisational changes**

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

None.

Grant Ref: 14399 Page 61

#### **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	1,131,288	1,207,160	1,343,686
London Councils	0	0	0
Health Authorities	11,540,158	9,994,044	9,768,587
Central Government departments	67,816	114,671	69,726
Other statutory bodies	14,138,255	13,500,831	11,222,031

#### **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3	Year 2	Most recent
Stone Family Foundation	151,000	50,000	50,000
Lloyds Bank Foundation for England and Wales	109,277	0	0
Hadley Trust	96,874	0	0
Gwyneth Forrester Trust	0	50,000	0
Trust for London	33,000	5,000	0

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Shoaban Nair

Role within **Head of Trusts and Grants** 

Organisation:

Grant Ref: 14399 Page 62

## **The City Bridge Trust**

# **Investing In Londoners:** Application for a grant



## **About your organisation**

Name of your organisation:	
	Sense
If your organisation is part of a larger <b>n/a</b>	organisation, what is its name?
In which London Borough is your orga Islington	anisation based?
Contact person:	Position:
Ms Dominique Muller	Trusts Manager
Website: http://www.sense.org.ul	k
Legal status of organisation:	Charity, Charitable Incorporated Company or
Registered Charity	company number: 289868
When was your organisation establish	

#### **Grant Request**

Under which of City Bridge Trust's programmes are you applying?

#### **Making London More Inclusive**

Which of the programme outcome(s) does your application aim to achieve?

Work supporting young disabled people (aged 16-25) in the transition to adulthood and/or independent living

Disabled people reporting increased well-being as a result of taking part in the arts or sport

Please describe the purpose of your funding request in one sentence.

An east London programme supporting young people aged 16 to 25 with complex sensory and communication needs to transition towards their best futures.

When will the funding be required? 01/04/2018

How much funding are you requesting?

Year 1: **£78,501** 

Year 2: £55,414

Year 3: £20,024

Total: £153,939

#### Aims of your organisation:

Sense is a national disability charity that supports people with complex communication needs to be understood, connected and valued. We are here for every person who faces communication barriers in a world that relies on being able to see and hear well to be connected. For over 60 years, Sense has developed an unrivalled depth of knowledge, skill and expertise to unlock the barriers to communication. Our mission is simple? to make sure no one with complex communication needs is isolated, left out or unable to fulfil their potential.

#### Main activities of your organisation:

Our flexible and personalised services empower people to communicate and express themselves? be it through speech or sign, touch or movement, gesture or sound, art or dance. Together, we connect differently and campaign passionately for the right to lead connected and fulfilled lives.

We support children, young people and adults in their home, in the community and at our centres, in their education and transition to adulthood and through our holidays, arts, sport and wellbeing programmes. Everyday things like having a conversation, enjoying friendships and living independently become possible with the Sense approach. We also offer practical help and support to families and carers, including information, advice, short breaks and family events.

#### **Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
777	1,174	16	2,300

#### Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	985 years

#### **Summary of grant request**

In answer to the City Bridge outcome ?making London more inclusive? Sense have designed an innovative programme supporting young people to transition into adulthood.

Young people will develop skills, friendships and local connections through a programme of arts and sports. They will benefit from personalised support to achieve individual outcomes through a team of linked volunteer ?buddies?. In addition, young people and their parents will be equipped with information and resources to plan and effectively express choices, aspirations, and support needs to future service providers.

Moving into adult life can be challenging for young people and their families, especially when the young person has complex communication needs. The professionals who have provided support for most of their lives ?disappear?, funding options change, education finishes and with that so do opportunities to socialise and participate in activities. Young disabled people are at risk of being socially isolated, shut out of community life, and with deteriorating physical and emotional health. In addition, young people?s complex communication needs often act as a barrier to their participation decisions made about their futures. There is insufficient knowledge of the transition process by professionals. Low aspirations and limited care options means that too often young people experience inadequate support and poor services. One parent described the experience like being at the ?edge of a cliff?.

This pilot programme aims to tackle these failings, with four main areas of focus:

Creative and inclusive community based activity

Sense will run art and sport based activity days, working with mainstream and specialist providers in the community. Young people will be introduced to theatre companies, dance organisations, athletics and sport clubs, and cooking schools, as well as community organisations who can engage young people in volunteering and active citizenship. Activities will be chosen to support essential skill development for adulthood including autonomy, independence, confidence, self-exploration, choice, and citizenship. Young people will be supported to continue their involvement in these community-based activities.

Buddying and personalised support

Young people will ?buddy up? with a volunteer. This enables highly personalised support, where young people can practice skills, pursue interests, and maintain local friends.

Raising aspirations and having a voice

Across the year, each young person will create a ?personal statement?. This will be a creative and reflective exercise in self-discovery. A rite of passage, this statement will also work as a tool to effectively convey abilities, interests, aspirations, and support needs with professionals and future service providers.

Access to information, advice, and personalised referral pathways

Through expert led Information and advice mornings and creation of peer support networks, parents will be offered tailored information around the transition process. They will be able to access specialist support in order to create person-centred referral pathways.

105 young people and their parents from Hackney, Tower Hamlets, and Newham will benefit from this programme, alongside 126 volunteers. The programme is three yearslong, with each young person participating for a year. They graduate with the offer of continuing 1:1 buddying through direct payments, and their parents remain part of a peer support network.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

Disability Confident Employer; Skills for Care award; CIPD finalist for Leadership programme

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

#### Creative community-based activity

Sense will run 24 art and sport activity days per year, working with providers in the community. Young people will be introduced to theatre and dance organisations, sport clubs, cooking schools, and volunteering. Activities will support essential skills for adulthood including autonomy, independence, confidence, choice, and citizenship.

#### **Buddying and personalised support**

Young people will ?buddy up? with a volunteer, for monthly sessions. This enables personalised support, where young people can practice skills, pursue interests, and maintain local friends. Sessions will be self-organised and time spent mutually negotiated, this works to support young people?s independence.

#### Having a voice in decisions about the future

Each young person will create a ?personal statement?. This will be a creative exercise in self-discovery. A rite of passage, this statement will also work to effectively convey abilities, interests, aspirations, and support needs with professionals and future service providers.

#### Access to information, advice, and personalised referral pathways

Through four expert led information and advice mornings a year and the creation of peer support networks, parents will be offered tallored information around the transition process. They will be able to access specialist support in order to create person-centred referral pathways.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

#### Skill development

Young people will develop and have opportunities to practice essential skills needed for adulthood including increased autonomy, independence, self-exploration, choice, confidence, creativity, and active citizenship.

#### Friendships and social networks

Young people will have opportunities to make and maintain friendships and social networks locally and outside of the school environment.

#### **Community connections**

Young people will participate in a range of engaging and creative local activities, and develop lasting links in their local areas.

#### Increased knowledge and confidence in navigating transition

Young people will be equipped to express their choices and aspirations and contribute to decisions about their lives. Parents will have increased knowledge around transition process, and by developing a personal-centred referral pathway which reflects their young person?s interests, aspirations, and support needs.

#### Increased wellbeing and raised aspirations

Young people will have increased emotional and physical wellbeing through being active and creative, discovering new talents, developing a sense of self, being in the community, being social, and ultimately having fun. Their self-esteem, confidence and aspirations will grow.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Young people will develop skills, friendships and local connections. They and their parents will be equipped with information and resources to plan and express choices for future services. Buddying can continue for young people through direct payments, and parents will have continuing peer support. This is a pilot. We intend to roll out programmes, supported by charitable and other funds.

## Who will benefit?

#### **About your beneficiaries**

How many people will benefit directly from the grant per year?				
35				
In which Greater London borough(s) or areas of London will your beneficiaries live?				
Newham (33%)				
Tower Hamlets (33%)				
Hackney (34%)				
What age group(s) will benefit?				
16-24				
What gender will beneficiaries be?				
All				
What will the ethnic grouping(s) of the beneficiaries be?				
A range of ethnic groups				
If Other ethnic group, please give details:				
What proportion of the beneficiaries will be disabled people?				
91-100%				

## **Funding required for the project**

## What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Employment costs (Development Manager @ 50% + Project Coordinator @ 100% + Project Assistant @ 100% + Project Assistant - sessional	84,983	84,983	68,273	238,239
Marketing and communicating- families and volunteers	200	200	200	600
Transcription and interpretation	1,000	1,000	1,000	3,000
Volunteer Training (2 days per year) + specialist training (1/year)	1,000	1,200	1,400	3,600
Group activities	34,757	34,757	34,757	104,271
Parents' information / social events	1,858	1,858	1,858	8,361
Travel (volunteers & staff)	3,907	5,007	6,107	15,021
Admin, stationery & miscellaneous	1,300	1,300	1,300	3,900
Family bursary (travel and buddying activity costs)	100	100	100	300

#### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Personal payments from participants	0	25,039	45,606	70,645
TOTAL:	0	25,039	45,606	70,645

## What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Lockwood Charitable Foundation	50,604	49,952	49,365	149,921
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	50,604	49,952	49,365	149,921
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## How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Employment costs (Development Manager @ 50% + Project Coordinator @ 100% + Project Assistant @ 100% + Project Assistant - sessional	34,379	28,161	0	62,540
Marketing and communicating- families and volunteers	200	120	86	406
Transcription and Interpretation	1,000	600	429	2,029
Volunteer Training (2 days per year) + specialist training (1/year)	1,000	720	600	2,320
Group activities	34,757	20,854	14,896	70,507
Parents' information / social events	1,858	1,115	796	3,769
Travel (volunteers & staff)	3,907	3,004	2,617	9,528
Admin, stationery & miscellaneous	1,300	780	557	2,637
Family bursary (travel and buddying activity costs)	100	60	43	203

TOTAL:	78,501	55,414	20,024	153,939

#### Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month:	Year:	
	March	2017	

Income received from:	£
Voluntary income	11,244,951
Activities for generating funds	6,381,504
Investment income	56,002
Income from charitable activities	42,750,119
Other sources	264,799
Total Income:	60,697,375

Expenditure:	£
Charitable activities	48,780,185
Governance costs	48,004
Cost of generating funds	10,529,969
Other	-11,812
Total Expenditure:	59,346,346
Net (deficit)/surplus:	1,351,029
Other Recognised Gains/(Losses):	-1,128,000
Net Movement in Funds:	223,029

Asset position at year end	£
Fixed assets	29,246,861
Investments	30,489
Net current assets	14,751,358
Long-term liabilities	-23,753,125
*Total Assets (A):	20,275,583

Reserves at year end	£
Restricted funds	1,687,026
Endowment Funds	404,278
Unrestricted funds	18,184,279
*Total Reserves (B):	20,275,583

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

#### **Statutory funding**

For your most recent financial year, what % of your income was from statutory sources? 61-70%

#### **Organisational changes**

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

n/a

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#### **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	5,821,638	6,449,792	6,659,802
London Councils	0	0	0
Health Authorities	4,818,578	5,820,259	6,022,304
Central Government departments	1,409,561	1,756,831	1,774,730
Other statutory bodies	23,738,581	24,400,545	24,915,885

#### **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3	Year 2 £	Most recent
The Geoff and Flona Squire Foundation	93,436	100,000	103,964
The Connie & Albert Taylor Charitable Trust	39,000	43,000	56,000
The Lockwood Charitable Foundation	25,000	31,251	52,540
BBC Children In Need	37,739	43,515	64,434
The Esmee Fairbairn Foundation	0	30,768	41,572

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Ms Dominique Muller

Role within **Trusts Manager** 

Organisation:

Grant Ref: 14483 Page 72

# The City Bridge Trust Agenda

# Investing In Londoners: Application for a grant



### **About your organisation**

Name of your organisation:					
Community Empowerment and Support Initiatives (CESI)					
If your organisation is part of a larger organ	If your organisation is part of a larger organisation, what is its name?				
None					
In which London Borough is your organisation	n based?				
Greenwich					
Contact person:	Position:				
Mr Laxman Sah	Chairperson				
Website: http://www.cesi-uk.org					
Legal status of organisation:	Charity, Charitable Incorporated Company or				
Registered Charity	company number: 1123534				
When was your organisation established? 09	/04/2008				

#### **Grant Request**

Under which of City Bridge Trust's programmes are you applying?

**Older Londoners** 

Which of the programme outcome(s) does your application aim to achieve?

Older Londoners aged 75 years and over living more active and healthler lives Older Londoners having increased awareness of benefits, finance, housing and other rights

Please describe the purpose of your funding request in one sentence.

**Active and Healthier Elderly Gurkha of Greenwich** 

When will the funding be required? 01/04/2018

How much funding are you requesting?

Year 1: **£41,822** Year 2: **£43,492** 

Year 3: **£39,492** 

Total: £124,806

#### Alms of your organisation:

Community Empowerment and Support Initiatives (CESI) is a charity organisation, was established in 2008 in response to the needs of the Ex-British Nepalese Gurkha Army community within the Royal Borough of Greenwich. The Nepalese population in the target area has doubled in the last 10 years to 14,000 and continues to expand. CESI?s goal is to provide support for the development of the capacity and skills of the socially and economically disadvantaged members of the Nepalese community in such a way that they are better able to identify and help meet their needs and to participate and integrate more fully into the wider community. CESI aims to improve the quality of life for its beneficiaries and ensure their integration by focusing in the following required areas.

- 1. The relief of poverty.
- 2. The Advancement of Education
- 3. The promotion of equality and diversity and the elimination of discrimination.
- 4. The promotion of good relations between persons of different racial groups

#### Main activities of your organisation:

CESI provides a holistic approach to meet the Integration, health and communication needs of the Nepalese/ Gurkha community through;

- ? Support, advice and signposting to various services
- ? Provision of consultation events, advice and support to housing and welfare benefits
- ? Health and healthler living training, information, advice and support
- ? Reducing isolation through Casework support
- ? Promotion of community cohesion
- ? Community empowerment
- ? Cultural awareness and preservation
- ? Rapport building and partnership working relations with local communities, statutory and voluntary organisations.

Since its establishment CESI has worked with over 7,000 Nepalese community individuals, and a number of voluntary organisations associated with BME forum, Greenwich Inclusion Project (GRiP), Greenwich Action For Voluntary Services (GAVS), Greenwich Local Labour and Business (GLLAB), Greenwich Gurkha, Ex-Servicemen Association (GGESA) and other generic voluntary organisations in the Royal Borough of Greenwich. These works have focussed on networking and partnership development for purposes of sharing best practices and accessing resources for addressing the needs of the Nepalese Community as well as facilitating their integration into the local wider community.

#### **Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:	
2	3	7	19	

#### Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	

#### **Summary of grant request**

#### Summary of grant request

- 1. This need of the project was identified by the beneficiaries, the new immigrants Nepalese Ex-British Gurkhas elderly age 75 years and above in 7 consultation meetings attended by more than 200 people in April, June and September 2017. Their sustenance depends on social benefits in deprived wards of Royal Borough of Greenwich. Nepalese Ex-Gurkha elderly people face isolation, depression and health problems; made worse through language, cultural, skills barriers. In 2009, when the British government granted UK settlement rights to them and their family. Nepalese is the second most spoken language in this borough after English.
- 2. The beneficiaries were involved in the design of this project and will be involved in the implementation (elderly as project volunteers, staff and community champions) and project monitoring and evaluation processes as members of the Project Steering Committee (PSC). The involvement of beneficiaries in the Governance, Management and service delivery aspects of the project ensures that the beneficiaries have a stake in the project hence the project will meet their needs and achieve its outcomes.
- 3. The proposed project comes from the City Bridge Trust aims ?Older people can also face challenges including ill health, isolation, lack of support and lack of respect? and ?Circumstances can be particularly difficult for older Londoners living in poverty?. This project will aim to support 150 older Nepalese ex-British Gurkha people over the age of 75 to live more active and healthier lives and to have more choice and control in their lives through quality advice and support including housing and welfare support. This project will establish linkage amongst newly arrived Gurkha community and with service providers.
- 4. CESI is a community based small charity organisation that has directly been working with the Nepalese Ex-Gurkha community that is at the margins of the society and striving to integrate with local wider communities. CESI supports positive changes in the lives and wellbeing of the Nepalese Gurkha community especially the elderly Gurkhas. Our Gurkha volunteers and staff members encourage people participation to generate ideas and solutions to the problems for building a stronger community by encouraging inclusion, connection and integration with local wider communities. CESI is the only organisation in the borough, which has been working together with the Nepalese ex-Gurkha community to address their needs.
- 5. This project will plan and implement health and healthier living activities such as Yoga and Keep Fit training, Healthier living awareness workshop including healthily eating, nutrition, cookery, alcohol, diabetes and self-management of long-term illness for older Londoners aged over 75 years living more active and healthier lives. Volunteer services, casework support to get services from service providers, door to door support. This will help achieve Trust?s outcome: ?Fewer older Londoners aged over 75 years with depression and more reporting improved well-being?. Finally, Targeted outcome ?Older Londoners having increased awareness of benefits, finance, housing and other rights? through volunteers? service delivery and on a time-bound implementation of identified project activities.

Continues overleaf

#### Continued from previous

6. As our good practice, we will engage older people, the beneficiaries in the implementation of project activities as volunteers, staff, community champlons and Project Steering Committee (PSC) for project implementation, monitoring and evaluation. The involvement of beneficiaries including people from all backgrounds and value diversity in the Governance, Management and service delivery aspects of the project ensures that the beneficiaries have a stake in the project hence the project will meet the needs of the beneficiaries and achieve its outcomes. This project will use less electricity and fuel as most of its activities will be carried out by community people in low-cost settings.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

Į.

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

- 3 Workshops to increase health and healthler living awareness for 150 Gurkha Elderly people aged over 75. This will include;
- ? Annual health and healthier awareness workshop on health and nutrition
- ? A training on Long-Term Health Management for older people
- ? An Alcohol and Drug abuse workshop

6 trainings on health exercise (Yoga) and 36 keep Fit sessions and Jogging to 150 Nepalese Ex-Gurkha aged over 75 will have demonstrated their confidence to live more active and healthier lives. This will include;

- ? 6 trainings on Yoga
- ? 3 jogging exercises
- ? 36 Keep fit training event

3 workshops on service availability for 150 older people aged over 75 to increase confidence to access local level services from statutory and voluntary organizations. These include;

- 3 Interactive workshop on Housing and Welfare benefits for older people including
- ? Training on Finance, banking and utility billing for older people

3 volunteer trainings for 10 active elderly volunteers on voluntary works for older people by playing catalyst and social leadership role. This will include;

- ? 3 volunteer trainings to 10 elderly volunteers for volunteer service delivery to older Londoners
- 7 10 elderly people develop their career as volunteer for older people.

196 events promoting community cohesion and reducing isolation by the participation of the 150 older Londoners. This will include;

- ? 150 Older people?s Birthday celebration
- ? 6 Song competition
- ? 36 Lunch club sessions (monthly).
- ? 3 annual excursions to visit places of historical and cultural importance.
- ? An event of inter-community event

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

150 older Londoners aged over 75 years who attended the training will have demonstrated their confidence to have accessed health services, live more active and healthier lives and reported improvement in their health through specialized health and healthier living consultations

150 older Londoners aged over 75 years who attended the physical fitness trainings will have demonstrated their confidence to live more active and healthier lives.

10 trained elderly Gurkha people will have exhibited their confidence in community volunteers job by playing catalyst and social leadership role in the BME community.

150 older Londoners aged over 75 years and their families will have demonstrated their increased confidence to access local level services such as benefits, finance, housing and other rights from statutory and voluntary organisations within Royal Borough of Greenwich.

150 older Londoners over 75 years and their families will have increased community cohesion and reduced isolation by the participation 196 community events

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Trained community groups and volunteers will continue support to the elderly people, the beneficiaries of the project

# Who will benefit?

# **About your beneficiaries**

1-1970
1-10%
What proportion of the beneficiarles will be disabled people?
If Other ethnic group, please give details: <b>Nepalese Gurkhas and others</b>
Asian/ Asian British (including Indian; Pakistani; Bangladeshi; Chinese; Any other Asian background)
What will the ethnic grouping(s) of the beneficiarles be?
What will the others grouping(s) of the honoficiants had
Maie Female
What gender will beneficiaries be?  Male
/ 5 dild Over
75 and over
What age group(s) will benefit?  65-74
What ago group(e) will have \$42
Bexley (10%)
Greenwich (90%)
In which Greater London borough(s) or areas of London will your beneficiarles live?
150
How many people will benefit directly from the grant per year?

# Funding required for the project

# What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
A Full-time project coordinator (36 months) Salary calculated based on London Living Wage rate. (1X project coordination 36 months X 8 hrs per day X20 days X £ 9.75 per hour (London Living wage rate) and NI and Pension £1644.00 = £20,364.00 per year	20,364	20,364	20,364	61,092
Staff Recruitment cost for recruitment agency (one off)	600	0	0	600
Publicity material developing, printing and publicising the project	1,000	0	0	1,000
3 Workshops to increase health and healthier living awareness for 150 Elderly people (Healthy eating, Long-term health management and alcohol and drug abuse) Hall hire for 3 workshops on service availability for older people	475	475	475	1,425
6 Training on health exercise (Yoga) for 150 older people 75. £ 3,150.50. 3 Jogging exercises for 5 months £1,395/3=465 per month. Keep fit training facilitation in open green space (commons) . £768 X 3 =£20394 per year	2,283	2,283	2,283	6,849
3 workshops on service availability for 150 older people aged over 75 to increase confidence to access local level services including benefits, finance, banking, billing housing and other rights. £270 + £1,155=£1,425	475	475	475	1,425
3 volunteer trainings for 10 active elderly volunteers. Training Consultant Fees (1X teacher 5 hours X £30 Hours= £150X 5 days=£750), hall hire £750, Refreshment £325) Total expanses=£1,825/5 days=£365. £1,825 -10 Volunteers service £18,000	7,095	6,365	6,365	19,825
196 events promoting community cohesion and reducing isolation amongst 150 older Londoners includes 36 Sunday afternoons meet and greet.  150 Birthday celebrations. Song competition.  166 Lunch Club sessions. 3 annual excursions and one inter-Community event	9,530	13,530	9,530	32,590
Project expenses office rent, stationery, or	9,500	9,500	9,500	28,500
OTAL:	51,322	52,992	48,992	153,306

# What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
CESI'S own reserves for Project expanses office rent, stationery, printing, utility, communications and administration	9,500	9,500	9,500	28,500
TOTAL:	9,500	9,500	9,500	28,500

# What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
TOTAL:	0	0	0	

# How much is requested from the Trust?

Expenditure heading (see project costs on previous page for greater detail)	Year 1	Year 2	Year 3	Total
A Full-time project coordinator (36 months)	20,364	20,364	20,364	61,092
Staff Recruitment cost for recruitment agency	600	0	0	600
Publicity material	1,000	0	0	1,000
3 Workshops to increase health and healthier living awareness for 150 Elderly people	475	475	475	1,425
Healthy exercise training	2,283	2,283	2,283	6,849
3 workshops on service availability	475	475	475	1,425
3 volunteer trainings for 10 active elderly volunteers	7,095	6,365	6,365	19,825
196 events promoting community cohesion and reducing isolation amongst 150 older Londoners	9,530	13,530	9,530	32,590
Project expenses	0	0	0	0

#### Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: <b>2017</b>
	March	2017

Income received from:	£
Voluntary Income	0
Activities for generating funds	0
Investment income	0
Income from charitable activities	145,208
Other sources	0
Total Income:	145,208

Expenditure:	£
Charitable activities	99,971
Governance costs	15,257
Cost of generating funds	0
Other	0
Total Expenditure:	115,228
Net (deficit)/surplus:	29,980
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	0

Asset position at year end	£
Fixed assets	10,599
Investments	0
Net current assets	63,138
Long-term liabilities	0
*Total Assets (A):	73,737

Reserves at year end	£
Restricted funds	68,795
Endowment Funds	0
Unrestricted funds	4,942
*Total Reserves (B):	73,737

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

#### **Statutory funding**

For your most recent financial year, what % of your income was from statutory sources? 0%

#### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

None

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#### **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent
City of London (except City Bridge Trust)	0	0	C
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

#### **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3	Year 2	Most recent
The Blg Lottery Fund-Reaching Communities	60,588	0	0
The Big Lottery Fund-Reaching Communities	0	85,299	0
People's Postcode Trust	0	18,165	0
The Big Lottery Fund-Reaching Communities	0	0	902,068
The Royal British Legion	0	0	43,100

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Laxman Sah

Role within Chairperson

Organisation:

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# The City Bridge Trust Agenda Ite





### **About your organisation**

Name of your organisation:

**Royal Hospital Chelsea Appeal Ltd** 

If your organisation is part of a larger organisation, what is its name?

Royal Hospital Chelsea

In which London Borough is your organisation based?

**Kensington & Cheisea** 

Contact person:

Position:

The Revd. Martin Field

**Fundraising & Communications Director** 

Website: http://www.chelsea-pensioners.co.uk

Legal status of organisation:

Charity, Charitable Incorporated Company or

company number: 1076414

Registered Charity

When was your organisation established? 20/01/1999

#### **Grant Request**

Under which of City Bridge Trust's programmes are you applying?

**Older Londoners** 

Which of the programme outcome(s) does your application aim to achieve?

Older Londoners aged 75 years and over living more active and healthier lives Fewer older Londoners aged over 75 years with depression and more reporting

\_

improved well-being

Please describe the purpose of your funding request in one sentence.

We will equip Chelsea Pensioners with GPS tracking pendants, prolonging independent living whilst providing the security of immediate medical help wherever they are.

When will the funding be required? 20/04/2018

How much funding are you requesting?

Year 1: **£120,700** 

Year 2: £0

Year 3: £0

Total: £120,700

#### Aims of your organisation:

Founded in 1692 by King Charles II, Royal Hospital Chelsea (RHC) was the first British provider of round-the-clock care to Army veterans ?broken by age or war? and continues this important legacy today. As home to the iconic Chelsea Pensioners, RHC remains the Nation's flagship veteran community and one of our most valued working historic buildings. Some 300 veterans reside here at any time, including men and women (average age 82) who have served in conflicts ranging from the First Gulf War to World War II. RHC prides Itself on offering the highest standard of care and support to all Chelsea Pensioners, for whom it is their final home, and was recently rated ?Outstanding? by the CQC, placing us amongst the top 1% of English care homes.

RHC is governed by a Board of Commissioners who ensure the care and well-being of the Chelsea Pensioners and safeguard the Grade I buildings and grounds, which RHC owns in trust.

#### Main activities of your organisation:

Royal Hospital Chelsea (RHC) operates a quasi-military service model with a strong emphasis on community living and active involvement in work and leisure activities. RHC provides sheltered accommodation to its resident veteran population; the on-site care home, the Margaret Thatcher Infirmary, offers round the clock nursing to Pensioners with more complex health and support needs, operates a 28-bed dementia care unit and GP medical centre. As the much-loved faces of the British veteran community and Remembrance tradition, many Pensioners assume external-facing and ceremonial roles on a national platform. RHC also safeguards its important architectural and socio-military heritage for the Nation through an integrated visitor and learning programme.

For the first time in our history we want to expand our services and share our learning beyond our immediate beneficiaries for the local community and advancement of UK-wide elderly and veteran care services; we believe the iconic status of the Pensioners and RHC?s heritage mean we are specially placed to do so.

#### **Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
233	9	6	70

#### Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	N/A

#### **Summary of grant request**

Given that we now know loneliness to be more deadly than obesity (Mental Health Foundation), it is vital that we challenge social isolation: increased mobility and prolonged independent living ensure that we do not lose touch with the outside world in our advanced years. Physical activity plays a key role in sustaining this. For older adults, regular exercise also helps to reduce the risk of depression and dementia, maintains functional ability, prevents numerous chronic conditions (such as Parkinson?s and MS), and decreases the likelihood of falling (injury due to falls is the leading cause of mortality in the 75+ demographic, NHS). However, many older people feel too vulnerable to venture away from home on their own.

Chelsea Pensioners lead very active lives; they help at soup kitchens, visit prisons and schools, help rehabilitate wounded soldiers, represent the veteran community at national public events and maintain visible and meaningful roles in society. This purposeful independence is, our internal analysis and feedback from partners and service users suggest, central to their dignity and wellbeing. However, as their cognitive abilities and mobility become increasingly impaired, whilst not wishing to discourage them from maintaining an active lifestyle, it is vital to ensure that help can be summoned quickly and efficiently should they suffer a fall or medical emergency both within the RHC and beyond.

In almost all categories of physical and mental health and wellbeing, the veteran community is almost twice as likely to suffer from a health condition (Trajectory Partnership) and many Chelsea Pensioners therefore have more complex care and support needs than the ageing civilian population. Chelsea Pensioners with deteriorating cognitive faculties or mobility are reluctant to move from the sheltered accommodation of our Long Wards to the Margaret Thatcher Infirmary, the on-site care home with nursing, because of concerns that they will lose their personal autonomy.

RHC is therefore proposing a project which will allow Chelsea Pensioners with cognitive conditions or impaired mobility to maintain their confidence in undertaking trips and visits unaccompanied, promoting independent living as well as safeguarding the health and wellbeing of all our veterans. We are seeking £120.7k to equip Chelsea Pensioners with a GPS tracking pendant. If a Pensioner suddenly becomes ill? or has a fall? we will be able to send immediate help wherever they are. The locator device will allow a Pensioner to alert a response centre to summon medical aid, potentially saving lives. Originally piloted for dementia patients, this technology has been endorsed by sector leaders such as Age Scotland.

What this means is that Chelsea Pensioners will be able to stay living in their homes on the Long Wards for longer - maintaining the dignity and independence that mean so much to them. They will also have the confidence to continue their community outreach work, as well as participate in ceremonial and commemorative military events.

We have to work within the constraints of our Grade I listed buildings and this necessitates the installation of two small-scale aerial masts to provide effective reception and transmission for every GPS tracker, ensuring full functionality for all supplied devices whilst preserving our built heritage.

Pensioners say that coming to RHC gives them a new lease of life; with the help of City Bridge Trust they can keep enjoying that life for longer: ?It makes me happy and proud to be an ambassador for veterans. I think these GPS tracker devices will be great, as we?d feel confident to go out and about, knowing that if anything happened, the medical team could get to us quickly? (Gordon ?Sandy? Sanders, formerly REME, Chelsea Pensioner since 2008).

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

**Gold Standard Framework Beacon Status** 

Care Quality Commission - Rated 'Outstanding'

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

We will equip Chelsea Pensioners with a GPS tracking pendant, provide formal training and a full briefing to ensure every veteran has a comprehensive understanding of how to operate their device. This will promote independent living and the confidence to undertake external activities unaccompanied amongst RHC's veteran population.

We will install two small-scale aerial masts within the grounds of the Royal Hospital Chelsea to allow for the effective transmission of each individual GPS pendant via the mobile network. We will ensure the construction of the masts maintains the integrity of the Grade I listed heritage site.

We will provide new admissions to RHC, who may feel more vulnerable venturing out alone, with a GPS tracking pendant, together with formal training and a full briefing to ensure every individual is confident in the use of their device.

Following the introduction of the GPS tracking pendants, we will undertake qualitative and quantitative analysis amongst our service users and health and wellbeing staff to assess the devices' effect on the mental and physical health of individuals and the veteran community, and monitor response rates for dissemination amongst sector partners.

We will review the functionality of the GPS pendants on an on-going basis, ensuring that each Pensioner has a usable device performing to the highest capability at all times; this will promote the devices to the veteran population and ensure that service users are more likely to utilise the technology.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

This project will encourage Chelsea Pensioners to retain their independence for longer, demonstrating an improved or maintained level of mobility and personal wellbeing in individual veterans and fostering the mental and physical health benefits of personal autonomy and maximised choice and control.

We anticipate a decrease in individuals suffering from social isolation/loneliness within the RHC aging veteran community, resulting in the improved mental and physical health of our veterans through augmented social interaction. We want all Chelsea Pensioners to thrive within this defined occupational community, as well as within our wider society.

All Chelsea Pensioners will have improved confidence to undertake independent visits and external trips, regardless of their level of mobility or deteriorating cognitive abilities, in the knowledge that medical help and support will be immediate and always available to them.

Chelsea Pensioners with declining mental and physical health will be able to remain in the sheltered accommodation of the Long Wards for longer before a move to the Margaret Thatcher Infirmary becomes unavoidable or necessary, promoting personal autonomy and individual choice and control across the veteran population at RHC.

Chelsea Pensioners who wish to will be able to participate in our community outreach work, augmenting our presence and activity within the Borough and Greater London and ensuring that the direct experience and participation of our beneficiaries remain at the heart of the programme.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We anticipate that new Chelsea Pensioners admitted to the Royal Hospital Chelsea (RHC) will require a GPS tracking pendant and depreciating existing equipment will also require updating over time. On-costs beyond 2018/19 will be met through general fundralsing and voluntary income generation as these cannot be financed by RHC revenue alone; RHC's Executive Board has committed to securing these funds.

# Who will benefit?

### **About your beneficiaries**

Line was a same will be a see discrete from the same as a sure of		
How many people will benefit directly from the grant per year?		
285		
In which Cuartes I and an house of (a) as pure of I and an will years handfalastes (b) 2		
In which Greater London borough(s) or areas of London will your beneficiaries live?		
Kensington & Chelsea (100%)		
What age group(s) will benefit?		
65-74		
75 and over		
What gender will beneficiaries be?		
Male		
Female		
i emaie		
What will the ethnic grouping(s) of the beneficiarles be?		
A range of ethnic groups		
If Other ethnic group, please give details: We do not record ethnicity data		
What proportion of the beneficiaries will be disabled people?		
21-30%		

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Grant Ref: 14506

# Funding required for the project

# What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Үеаг 3	Total
Infrastructure - Aerial Masts	92,000	0	0	92,000
GPS tracking pendants	28,700	10,700	10,700	50,100
Device Training for Chelsea Pensioners	400	400	400	1,200
Device Training for Health & Wellbeing Staff	240	240	240	720
Staff Time	1,020	860	860	2,740
Reporting	600	600	600	1,800
	0	0	0	0
	0	0	0	0
	0	0	0	0

	122,960 12,80	00 12,800 148,560
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### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Royal Hospital Chelsea	2,260	2,260	2,260	6,780
	0	0	0	0
	0	0	0	0
	0	0	0	0

- 11						
1	TOTAL:	2,260	2,260	2,260	6,780	

### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

#### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Infrastructure - Aerlal Masts	92,000	0	0	92,000
GPS tracking pendants	28,700	0	0	28,700
	0	0	0	0
	0	0	0	-0

TOTAL:	120,700	0	0 120,700
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#### Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month:	Year:
	March	2017

Income received from:	£
Voluntary income	1,158,000
Activities for generating funds	3,710,000
Investment income	2,568,000
Income from charitable activities	11,994,000
Other sources	1,448,000
Total Income:	20,878,000

Expenditure:	£
Charitable activities	17,093,000
Governance costs	311,000
Cost of generating funds	986,000
Other	169,000
Total Expenditure:	18,559,000
Net (deficit)/surplus:	2,319,000
Other Recognised Gains/(Losses):	13,833,000
Net Movement in	16,152,000

Asset position at year end	£
Fixed assets	138,426,000
Investments	133,529,000
Net current assets	5,029,000
Long-term liabilities	453,000
*Total Assets (A):	276,531,000

Reserves at year end	£
Restricted funds	265,977,000
Endowment Funds	0
Unrestricted funds	10,554,000
*Total Reserves (B):	276,531,000

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

#### Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 51-60%

#### **Organisational changes**

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

N/A

Grant Ref: 14506

#### **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	110,000	110,000	110,000
Central Government departments	11,452,000	11,667,000	11,875,000
Other statutory bodies	0	0	0

#### Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3	Year 2	Most recent
Cadogan Charity	100,000	150,000	150,000
Private Foundation (Anonymous)	20,000	0	39,383
ABF The Soldiers Charlty	0	35,000	35,000
Steel Charitable Trust	78,000	0	0
Knightsbridge School	19,000	45,000	30,000

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Full Name: Kate Ainley-Marr Please confirm: Yes

Role within **Fundralsing Manager** 

Organisation:

Grant Ref: 14506

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# The City Bridge Trust Agenda Ite

# Investing In Londoners: Application for a grant



### **About your organisation**

Name of your organisation:	
Saint Fra	ncis Hospice
If your organisation is part of a larger organ	isation, what is its name?
In which London Borough is your organisation	on based?
Havering	
Contact person:	Position:
Ms Laura Hill	Grants Manager
Website: http://www.sfh.org.uk	
Legal status of organisation:	Charity, Charitable Incorporated Company or
Registered Charity	company number: 275913
When was your organisation established? 01	/05/1978

#### **Grant Request**

Under which of City Bridge Trust's programmes are you applying?

**Oider Londoners** 

Which of the programme outcome(s) does your application aim to achieve?

Carers aged 65 years and over better able to access support, advice and respite Older Londoners having increased awareness of benefits, finance, housing and other rights

Please describe the purpose of your funding request in one sentence.

Buddies will provide face-to-face help and tailored support to carers who are lonely and socially isolated, or carers who recently bereaved, building resilience and independence.

When will the funding be required? 01/06/2018

How much funding are you requesting?

Year 1: £37,181 Year 2: £38,297 Year 3: £0

Total: £75,478

#### Aims of your organisation:

Saint Francis Hospice is one of the largest hospices in the UK helping people living in the London Boroughs of Havering, Barking & Dagenham, and Redbridge. Care is provided to patients, their families and carers and continues throughout a patient?s journey into bereavement support. We help anyone affected by a life limiting illness including a diagnosis of cancer, heart disease, respiratory disease, renal failure, diabetes and dementia. We help people of all faiths and no faith, any nationality or race, and hard to reach people due to special needs, poverty, culture or poor education. We strive to reach the most vulnerable and marginalised who are at risk of missing out on specialist care. Our holistic approach to palliative care makes Saint Francis Hospice a vital, unique local service.

#### Main activities of your organisation:

We have 19 Inpatient beds supporting people with complex specialist palliative care needs who require 24/7 inpatient care. The hospice also has a range of community services to support people living at home and in care homes. Our expertise covers many life limiting illnesses - 74% of our patients suffer from cancer but we also support people suffering from neurodegenerative diseases, organ failure and dementia. Last year we helped 1,614 new referrals, Inpatient Unit had 373 new admissions, Day Therapy accepted 230 new referrals, Specialist Community and Crisis Support service supported 1,254 people, Hospice@Home supported 466 people, 1,145 people received Complementary Therapy, 2,226 people received Occupational Therapy, 2,743 people received Physiotherapy, 101 children received bereavement support, and 1,394 people received spiritual support.

#### **Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
100	150	12	650

#### Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	

#### **Summary of grant request**

Unpaid family carers both pre and post bereavement often experienced feelings of acute social isolation through shrinking social circles, reduced time for personal activities, and emotional withdrawal of the patient due to illness progression. They sometimes felt guilty, resentful and angry, conflicting with the desire to provide care. They suffered from extreme stress, depression, lack of sleep and frequently felt at breaking point, leading to hospital or care home admission of the patient. They often found it difficult to talk to family, friends, medical and social professionals about their concerns, but had many questions about the processes and systems they are confronted with. Many worry what will happen to their loved one should they themselves become unwell. They worry about their own loss of identity as carer, the ending of this responsibility, and their daily routine changing greatly. They were often unaware of available benefits and frequently suffered financial hardship, and were concerned about practical responsibilities such as arranging the funeral. They often needed to learn many new skills that people need to run and maintain a household, and learn internet and social media skills to stay in touch with family and friends who do not live locally.

Lancaster University ?Supporting Family Carers? (October2013) and Hospices UK ?Indentifying Carers Needs in the Palllative Setting? (March 2009) highlighted specific needs of carers of palliative patients. A sudden diagnosis often means family take on a caring role with little time to consider what it involves. The patient?s condition will change over time, and can be difficult to predict. These changes can affect the carers relationship with the patient. Carers face the emotional strain of knowing the patient will die sooner rather than later.

Carers? Trust highlight that 64% of carers never accessed any support, 59% Indicated a negative impact on their working life, 58% indicated that their mental health had been affected, 27% said their physical and mental health had been affected through lack of support.

Sue Ryder (July 2015) highlighted that people who had people around them to talk felt better earlier following a loss, whereas those who did not have any support grieved on average for an additional eight months, three weeks and five days.

Volunteer Buddies will provide face-to-face help and tailored support to carers who are feeling lonely and socially isolated, or carers who have been recently bereaved. Some people will simply want a cuppa and a chat, whilst others will need to learn many new skills that will help them run and maintain a household. For example, anything to do with banking, how to use household applicances, how to do the weekly, use the internet or social media, or prepare and cook well for one, or help them keep active with exercises and walking, helping build resilience and confidence.

Volunteers have always made a vital contribution to our service delivery. Last year they contributed over 128,400 hours equating to equivalent of £1.5 million employed hours. Volunteering Vital to our Future? (2014)/?Volunteers: vital to the future of hospice care? (2012) highlights the importance of volunteers to palliative care. Volunteers are of all faiths and no faith, any nationality or race.

Saint Francis Hospice has 33 years experience delivering volunteer led projects for funders, including Department of Health, Children in Need, Henry Smith Charitable Trust, Rayne Foundation, Fidelity Foundation, Big Lottery Reaching Communities and Heritage Lottery. We are experienced in tracking our progress to ensure we are delivering successful projects and are making the differences intended. Older people contribute through service user groups, face-to-face feedback, and feedback questionnaires.

We comply with environmental standards for hospices.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

**Quality Care Commission Outstanding** 

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Recruit and train 20 volunteers to act as Buddies in year one, and a further 20 in year two.

Buddles will help people feel less lonely and socially isolated by popping for a cuppa and a chat.

Buddies will help people learn new skills like how to pay a bill, cook well for one, use household appliances, do the weekly shop, or use the internet and social media.

Buddies will help carers keep active by helping them get out and about, and participate in gentle exercises.

Buddies will provide face-to-face help and tailored support to 150 carers who are lonely and socially isolated, or carers who are recently bereaved.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

More carers will feel better supported and less lonely and socially isolated

More carers will feel better able to access our formal bereavement therapy

More carers will be referred to other services, for example, OrangeLine telephone helpline and Friendly Faces monthly group.

More carers will be confident to learn new skills, for example, banking, household activities, and internet skills.

Buddy volunteers will benefit from having a sense of purpose, social interaction, being part of a team, enhanced well-being, and feeling of making a contribution to the community.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

A key business aim is to implement a Volunteering Hub to retain and recruit volunteers. Last year volunteers donated over 128,440 hours equating to £1.5 million of employed time. As the demand for services increase, and raising funds becomes harder, we now need to recruit and train more volunteers to sustain the quality and quantity of our service.

# Who will benefit?

#### **About your beneficiaries**

How many people will benefit directly from the grant per year?
150
In which Greater London borough(s) or areas of London will your beneficiaries live?
Barking & Dagenham (25%)
Havering (60%)
Redbridge (15%)
What age group(s) will benefit?
65-74
75 and over
What gender will beneficiaries be?
All
What will the ethnic grouping(s) of the beneficiaries be?
A range of ethnic groups
If Other ethnic group, please give details:
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
31-40%

# **Funding required for the project**

#### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Co-ordinator grade 5a	32,431	33,404	0	65,835
Volunteer recruitment costs	1,000	1,030	0	2,030
Promotional material	1,000	1,030	0	2,030
Volunteer training	1,500	1,545	0	3,045
Overhead costs, telephone, stationary	250	258	0	508
Volunteer expenses	1,000	1,030	0	2,030
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	37,181	38,297	0	75,478

#### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

#### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
TOTAL:	0	0	0	

#### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Co-ordinator grade 5a	32,431	33,404	0	65,835
Volunteer recruitment costs	1,000	1,030	0	2,030
Promotional material	1,000	1,030	0	2,030
Volunteer training	1,500	1,545	0	3,045
Overhead costs, telephone, stationary	250	258	0	508
Volunteer expenses	1,000	1,030	0	2,030

AL:	37,181	38,297	0	75,478
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#### **Finance details**

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month:	Year:
	March	2017

Income received from:	£
Voluntary income	5,451
Activitles for generating funds	2,418
Investment Income	149
Income from charitable activities	3,106
Other sources	144
Total Income:	11,268

Expenditure:	£
Charitable activities	7,886
Governance costs	0
Cost of generating funds	3,183
Other	0
Total Expenditure:	11,069
Net (deficit)/surplus:	199
Other Recognised Gains/(Losses):	591
Net Movement In Funds:	790

Asset position at year end	£
Fixed assets	8,015
Investments	0
Net current assets	4,391
Long-term liabilities	0
*Total Assets (A):	12,406

Reserves at year end	£
Restricted funds	454
Endowment Funds	53
Unrestricted funds	11,899
*Total Reserves (B):	12,406

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

#### Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 21-30%

#### **Organisational changes**

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

n/a

Grant Ref: 14504 Page 101

#### **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent £
City of London (except City Bridge Trust)	0	0	C
London Local Authorities	0	0	O
London Councils	0	0	O
Health Authorities	3,072,920	2,905,504	2,900,340
Central Government departments	0	0	0
Other statutory bodies	0	0	0

#### **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3	Year 2 £	Most recent
Big Lottery	135,548	113,864	117,280
Children in Need	0	41,904	43,400
The Hadley Trust	20,000	25,000	25,000
The February Foundation	5,000	5,000	5,000
The RUB White Charitable Trust	10,000	10,000	10,000

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Laura Hill

Role within Trusts and Grants Manager

Organisation:

# The City Bridge Trust Agenda Item

# Investing In Londoners: Application for a grant



# **About your organisation**

Name of your organisation:	
Alterna	tives Trust East London
If your organisation is part of a large n/a	r organisation, what is its name?
In which London Borough Is your org	anisation based?
Newnam	
Contact person:	Position:
Mrs Julia Acott	Director
Website: http://www.altel.org.uk	
Legal status of organisation:	Charity, Charitable Incorporated Company or
Registered Charity	company number:1103724
When was your organisation establish	ned? <b>01/02/1994</b>

# **Grant Request**

Under which of City Bridge	Trust's programmes are you	ı applying?
	Reducing Poverty	/
Which of the programme of	outcome(s) does your applica	tion aim to achieve?
More Londoners with im	proved economic circums	tances
Fewer Londoners exper	encing food poverty	
Please describe the purpos	e of your funding request in	one sentence.
To employ a Destitution us in poverty and provide	Co-ordinator to assess th le or direct them to suppo	e needs of families that come to rt.
When will the funding be re	equired? <b>01/11/2017</b>	
How much funding are you	requesting?	
Year 1: <b>£30,000</b>	Year 2: <b>£30,000</b>	Year 3: <b>£30,000</b>

Total: £90,000

#### Aims of your organisation:

The purposes of the trust shall be:

- a) the advancement of education in the subject of pregnancy and the termination of pregnancy and into the effects thereof upon women whether physical medical or psychological.
  - b) the preservation and protection of women's health.
- c) the provision of advice, counselling and assistance to women and their partners and families who are suffering from any physical or mental illness, distress or poverty during or as a result of pregnancy or following an abortion, miscarriage, cot death, still birth, loss of a child or sexual abuse.
- d the promotion of such other charitable purposes which may conveniently be carried on in connection with the above objects.

The majority of our current work is holistic support to women who are pregnant or have had babies in very challenging circumstances.

#### Main activities of your organisation:

Alternatives provides holistic support to vulnerable young families in the London Borough of Newham, mainly through the We Are Family programme which has supported close to 100 families in the last 12 months. Around 25 families (60 people in all) attend the weekly We Are Family group meetings, and 40 are actively supported at any one time. There are also practical parenting classes, a small group 4Dads, volunteer Community Buddles and growing social enterprises, including the WAF CAF, to provide routes to employment for mums as their children grow up. Our centre has 3,000 client visits a year. It offers donated baby clothes and equipment (400 visits a year), emergency food (530 bags last year), counselling (1,000 hours donated by 10 volunteer counsellors a year), support around pregnancy choices and loss (70 clients a year), and secondary school lessons (1,050 pupil hours) on relationships and parenting.

#### Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
1	7	9	15

#### Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	n/a

#### **Summary of grant request**

Alternatives is a local charity in Newham that provides holistic support to 100 vulnerable families a year, mainly through its We Are Family (WAF) programme. Started in 2005 as therapeutic group for four mothers and bables, this quickly grew to meet practical needs too. Our centre in Plaistow has 3,000 visits a year, offering donated baby clothes and equipment, emergency food and foodbank vouchers. Staff and volunteers provide signposting, advocacy, support and referrals to help with housing and other issues. The people we help are almost all women with babies or young children. Around 75% of them are homeless and 70% do not have permanent residency in the UK. The majority have come out of an abusive relationship and been left alone in the UK when pregnant with no idea of their legal status. A number have been trafficked. Referrals come from Social Services, midwives, (such as the midwife?s clinic in our building), and other charities as well as by word of mouth.

Many of those who come for help join the weekly WAF group (attended by 25 families a week) which supports women?s self-esteem, life skills and parenting, successfully giving them the emotional capacity to change their lives in the long term. Trauma counselling is also available (1,000 hours donated by 10 volunteer counsellors) and many take these options, which is why outcomes are so good. A co-operative started by a group of mums and managed by a former client provides routes to improve women?s employability through supported working and volunteering.

But the number of clients arriving has grown by around 30% in the last year, almost all with urgent and complex needs. This is stretching staff beyond what is possible. So, we would like to employ a new member of staff, a Destitution Co-ordinator to lead, coordinate and deliver immediate practical response to families in poverty. Existing staff will continue provide the parenting/emotional support and develop the social enterprise work.

This will meet the outcome of ?more Londoners with improved economic circumstances? by:

- 1. Improving the immediate circumstances of families at risk because they are without money, food, baby essentials or home, through providing food and helping them access housing.
- 2. Helping them, through advocacy or referring to specialist agencies, to secure income if possible from benefits or work, and/or to start to address the issues that have led to destitution (e.g. relationship breakdown, immigration status).
- 3. Referring people to other projects (including Alternatives') as needed where they can increase their employability and/or get parenting, therapeutic and social support to build resilience and hope.

Alternatives is well placed to do this because many of the poorest and most needy women come to us, not anywhere else. This is often because of fear of anything official, but also because the crisis that impels women to seek help is pregnancy, or imminent childbirth. We have an established track record of helping vulnerable women at the point of crisis, empowering them to address their problems, and find long-term routes out of poverty. We have the excellent staff, values and community to achieve this.

We are also facing genuine, overwhelming need.

As a small charity we have a good record of working with many other agencies. As well as those we refer to/take referrals from, we formed the ?Newham Poverty Partnership? with other local organisations, trying to find the best way of preventing people in crisis falling into acute poverty. The scheme, piloted successfully at Alternatives, didn?t get funding, but we have carried it on ourselves in a small way, with recent service users becoming volunteer ?peer advisors? supporting the Destitution Coordinator

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

n/a

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

480 destitute people with complex needs (mostly women with children or pregnant) will be helped to resolve their immediate and long-term needs by the Destitution Co-ordinator.

970 bags of emergency food will be given to families who have no food or money to buy any.

1560 bags of clothing, or packages of children's toys, or packages of baby equipment will be given to families who do not have what they need or money to buy it.

660 letters of support or other actions will be taken to help clients (women with children or pregnant women) resolve their problems r.e. housing, benefits, immigration etc.

360 referrals to other agencies will be made on behalf of clients (women with children or pregnant women).

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

- 480 families will have immediate health-threatening poverty relieved by provision of food, foodbank vouchers, clothes or baby equipment.
- 36 homeless families will achieve stable housing.
- 33 destitute families will start to obtain income through work or benefits.
- 52 families will take positive steps towards long-term financial independence as mums move into training, work or volunteering.
- 33 families take steps towards long-term financial independence as parents make progress towards gaining legal status in the UK.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Ideally we would continue this with further grants or donations. We are working on generating earned income from selling resources, training and mentoring to groups wanting to run a We Are Family programme (with help of a Lloyds Bank Foundation Enable grant) and increasing donations (with a part-time development officer for six months to develop our website and donor database).

# Who will benefit?

# **About your beneficiaries**

How many people will benefit directly from the grant per year?
150
In which Greater Landon harough(s) or areas of Landon will your handfalaring lives
In which Greater London borough(s) or areas of London will your beneficiaries live?  Newham (100%)
Newhall (100%)
What age group(s) will benefit?
0-15
16-24
25-44
45-64
What gender will beneficiaries be?
Male
Female
What will the ethnic grouping(s) of the beneficiaries be?
A range of ethnic groups
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
11-20%

# Funding required for the project

# What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Full time salary of Destitution Co-ordinator	27,300	27,300	27,300	81,900
Employer's National Insurance	2,641	2,641	2,641	7,923
Employer's Pension Contribution 1%, 3%,3%	273	819	819	1,911
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

L:	30,211	30,760	30,760	91,734
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#### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Unrestricted funds	211	760	760	1,734
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	211	760	760	1,734	
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#### What other funders are currently considering the proposal?

Source			Year 1	Year 2	Year 3	Total
	0	0	0		0	
	0	0	0		0	
	0	0	0		0	
	0	0	0		0	

TOTAL:	0	0	0	0

### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Full time salary of Destitution Co-ordinator	27,300	27,300	27,300	81,900
Employer's National Insurance	2,641	2,641	2,641	7,923
Employer's Pension Contribution 1%, 3%, 3%	59	59	59	177
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	30,000	30,000	30,000	90,000

#### Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: December	Year: <b>2015</b>

Income received from:	£
Voluntary income	30,025
Activities for generating funds	0
Investment income	6,057
Income from charitable activities	111,959
Other sources	0
Total Income:	148,041

Expenditure:	£
Charitable activities	111,051
Governance costs	2,141
Cost of generating funds	5,040
Other	0
Total Expenditure:	118,232
Net (deficit)/surplus:	29,809
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	29,809

Asset position at year end	£
Fixed assets	6,149
Investments	0
Net current assets	128,408
Long-term liabilities	0
*Total Assets (A):	134,557

Reserves at year end	£
Restricted funds	98,063
Endowment Funds	0
Unrestricted funds	36,494
*Total Reserves (B):	134,557

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

#### **Statutory funding**

For your most recent financial year, what % of your income was from statutory sources? 0%

#### **Organisational changes**

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Our annual accounts show large reserves as we have grants paid at the end of the financial year to be spent in the following year and most of our voluntary income comes through a Christmas appeal. Since these accounts we received a legacy which we've invested in building an extension and hiring a development worker for six months to grow voluntary income.

Grant Ref: 14219

#### **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent
City of London (except City Bridge Trust)	0	3,000	0
London Local Authorities	500	500	500
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

#### **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder		Year 3 £	Year 2 £	r 2 Most recen		
Henry Smith Charlty	30,000	30,000	30,0	00		
Trusthouse Charitable Fund	20,000	20,000	20,0	000		
Children in Need (£75,735 total)	0	0	25,0	00		
Lloyds Bank Foundation	0	15,000	0			
Awards for All	0	0	10,0	00		

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Julia Acott

Role within **Director** 

Organisation:

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# The City Bridge Trust Agenda Item

# Investing In Londoners: Application for a grant



## **About your organisation**

Name of your organisation: **Community Links Trust Ltd** If your organisation is part of a larger organisation, what is its name? no In which London Borough is your organisation based? Newham Contact person: Position: Ms Jane Hutt **Income Generation & Partnerships** Website: http://www.community-links.org Legal status of organisation: Charity, Charltable Incorporated Company or company number: 1018517 Registered Charity When was your organisation established? 25/08/1977

#### **Grant Request**

Under which of City Bridge Trust's programmes are you applying?

**Reducing Poverty** 

Which of the programme outcome(s) does your application aim to achieve?

More Londoners with Improved economic circumstances

More people accessing debt and legal services

Please describe the purpose of your funding request in one sentence.

To develop an ambitious holistic model of advice delivery, which is built on a relational and assets-based approach, digital methods, shared learning and connected community.

When will the funding be required? 01/03/2018

How much funding are you requesting?

Year 1: £41,221 Year 2: £44,221 Year 3: £47,521

Total: £132,964

#### Aims of your organisation:

For nearly 40 years, Community Links has been tackling the causes and consequences of poverty and social exclusion in east London by delivering practical support and local solutions to those most in need. We are founded on two principles: to find new solutions to old problems and to deliver them with the whole community. Our mission is to generate change by ensuring access to all forms of opportunity: learning, skills, employment and social networks. Our vision is of confident communities ready to seize opportunities and create their own. We aim to act early and prevent problems from occurring in the first place, rather than deal with the consequences later on. Through our policy and campaigning work, we share our experience and lessons with policy-makers and community groups across the country to widen the impact of our projects and to generate lasting social change.

#### Main activities of your organisation:

Our core activities include disadvantaged children and young people; advice; community development; education, employment and training support; and health. Some of our major programmes include Money Advice Service; Talent Match; Future Links; and the Capitalise Advice services. Our overarching philosophy is to offer support and opportunities to isolated, excluded communities in Newham wherever we can.

In addition, our research and policy work is shared nationally to create change in the systems that shape our society; recently we helped to reduce benefit sanctions by the DWP by almost 50%.

Between 2013 and 2016:

- We delivered 14,921 advice sessions around housing issues, debt and benefit sanctions; preventing 184 evictions and restructuring almost £3m of personal debt.
- 4,698 service users attended employability programmes, 2655 people attained qualifications and 2,180 moved into employment.
- 6,320 people participated in the activities and services on offer at our Community Hubs.

#### **Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
32	16	14	1,685

#### Property occupied by your organisation

If leased/rented, how long is the outstand agreement?			
100 years			
-			

#### **Summary of grant request**

At Community Links, we want to remain a leading authority in advice provision, offering a model that is adaptive in the face of an ever changing external environment and meets the needs of the whole community. We want to develop a holistic model of advice delivery that can be replicated and where policy and research takes a key position to ensure that meaningful change occurs in the systems that shape people?s lives. The support of the City Bridge Trust will form the foundation of our new model.

Community Links has been delivering debt, welfare and housing advice to local residents in Newham for 40 years. A holistic advice service which works for the whole community is at the heart of our community provision and throughout our existence we have pioneered new approaches, for example our recent Advice Champions project and our longstanding focus on Early Action interventions. Community Links is one of the few organisations in Newham offering specialist advice and there are few places for people to turn for support due to the dearth of cuts to statutory advice services.

Service users are increasingly presenting a number of interwoven interconnected issues, which need a holistic solution and it is vital we are responsive to their needs. The introduction of Universal Credit and more stringent benefit sanctions have affected many people, particularly in Newham where claim rates for all key means-tested benefits are considerably higher than the London average. Universal Credit aims to unite all entitled benefits and tax credits into a single monthly payment, our advice service must be adaptive enough to deal with this catch-all system and provide integrated solutions for housing, income support, employment and tax credit issues. The sanction rate is currently 4% higher than that of the Job Seekers Allowance, which illustrates the changing need and how our advice service must be flexible to meet this.

We want to explore methods of advice delivery, which shift away from traditional, transactional principles of delivery where service users are given solutions to immediate needs, which can increase dependency and encourage a one-way relationship of reliance. Instead, our service users will be supported to build their options and empowered to find their own solutions through capacity first. These values speak to our long term commitment to Early Action and our belief that providing people with the tools to develop their own competencies and their own solutions is much more beneficial for resilience. By reducing dependency and empowering people to be more robust, our service users will develop the skills and knowledge to avoid crisis in the future, giving them a more secure and stable platform. This approach also offers the chance for wider community benefits.

#### Programme outcomes

We have demonstrated how this partnership would align the values of Community Links and the City Bridge Trust, including commitment to meeting the Reducing Poverty programme outcomes of:

- ? More Londoners with improved economic circumstances
- ? More people accessing debt and legal services.

#### Good practice

Volunteers are integral to our advice service and part of our part of our strategy is to develop a Community Links Volunteer Bank. We involve service users in the management and running of the service by seeking their feedback and will be consulting them as part of this grant. In terms of our commitment to equality and diversity, we welcome people from all backgrounds and our service user profile for advice reflects the diversity of our community. We also take steps to reduce our carbon footprint, for example through recycling.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

Investors in People, Specialist Quality Mark Standard for the specialist legal advice services we provide and the Fundralsing Standards Board.

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

**Delivering housing advice** 

Delivering debt and welfare benefits advice

Running an open door, drop in advice service, four mornings a week

Using practical experience to contribute to social policy responses

Community Consultation Sessions which contribute to mapping and implementing a new model of Advice

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

People in crisis have improved housing conditions and a reduced risk of homelessness, increasing quality of life

People in crisis have increased income through reinstating full benefit entitlement, or securing new/increased benefit payments; improving economic circumstances

People In crisis have increased access to advice services in an area where few options remain

Influence our volunteer bank

Map and implement a new relational model of advice provision which works for the whole community

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes. We are currently in discussion with the Oak Foundation, who have previously funded our advice work. They have invited an application for a five year test and learn project to develop a new model of advice.

# Who will benefit?

#### **About your beneficiaries**

How many people will benefit directly from the grant per year?
950
In which Greater London borough(s) or areas of London will your beneficiaries live?
Newham (100%)
What age group(s) will benefit?
All ages
What gender will beneficiaries be?
All
What will the ethnic grouping(s) of the beneficiaries be?
A range of ethnic groups
A runge of elimic groups
To Other atheric group, places sive detailer
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
41-50%

# Funding required for the project



### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Үеаг З	Total
Specialist Advisor	28,000	28,000	28,000	84,000
Programme Management: Head of Advice	3,000	3,000	3,000	9,000
Marketing	500	500	500	1,500
Membership to Advice UK	351	351	351	1,053
Policy & Research Officer	1,250	2,500	2,500	6,250
Programme Costs (Community Consultation + Map New Model)	1,250	2,500	1,250	5,000
Director of Action & Advocacy	0	0	4,000	4,000
Overheads	6,870	7,370	7,920	22,160
	0	0	0	0

I	TOTAL:	41,221	44,221	47,521	132,963
- 1					

#### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

10					
1	TOTAL:	0	0	0	0

#### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
TOTAL:	0	0	0	

#### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Specialist Advisor	28,000	28,000	28,000	84,000
Programme Management: Head of Advice	3,000	3,000	3,000	9,000
Marketing	500	500	500	1,500
Membership to Advice UK	351	351	351	1,053
Policy & Research Officer	1,250	2,500	2,500	6,250
Programme Costs (Community Consultation + Map New Model)	1,250	2,500	1,250	5,000
Director of Action & Advocacy	0	0	4,000	4,000
Overheads	6,870	7,370	7,920	22,160
TOTAL:	41,221	44,221	47,521	132,963

14332 Commonity hinks Revised Bodget 8/2/18
Funding required for the project

#### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Specialist Advisor (0.8 FTE) – basic salary	£28,800	£29,088	£29,378.88	£87,267
Specialist Advisor (0.8 FTE) - N.I. (11%)	£3,168	£3,199.68	£3,232	£9,599
Specialist Advisor (0.8 FTE) – Employer pension contribution (3%)	£864	£872.64	£881	£2,618
Programme management (allocation of staff	£3,000	£3,030	£3,060	£9,090
Policy, research and influencing activity (allocation of staff time)	£1,250	£2,500	£2,500	£6,250
Marketing	£500	£500	£500	£1,500
Membership to Housing Law Practitioners	£150	£150	£150	£450
Practice certificate	£318	£318	£318	£954
Specialist training for advisor	£450	£450	£450	£1,350
Programme costs	£1,250	£2,500	£1,250	£5,000
Evaluation and legacy planning	£3,500	£0	£4,500	£8,000
Management contribution to HR, finance, facilities and other central services	£8,650	£8,522	£9,244	£26,416
TOTAL:	£51,900	£51,130	£55,464	£158,494

#### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
N/A				
TOTAL:				

#### What other funders are currently considering the proposal?

Source	Year 1	Үеаг 2	Year 3	Total
N/A				
TOTAL:				

14332 COMMUNITY Links Revised Bodget 8/2/18

# How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Specialist Advisor (0.8 FTE) – basic salary	£28,800	£29,088	£29,378.88	£87,267
Specialist Advisor (0.8 FTE) - N.I. (11%)	£3,168	£3,199.68	£3,232	£9,599
Specialist Advisor (0.8 FTE) – Employer pension contribution (3%)	£864	£872.64	£881	£2,618
Programme management (allocation of staff time)	£3,000	£3,030	£3,060	£9,090
Policy, research and Influencing activity (allocation of staff time)	£1,250	£2,500	£2,500	£6,250
Marketing	£500	£500	£500	£1,500
Membership to Housing Law Practitioners Association	£150	£150	£150	£450
Practice certificate	£318	£318	£318	£954
Specialist training for advisor	£450	£450	£450	£1,350
Programme costs	£1,250	£2,500	£1,250	£5,000
Evaluation and legacy planning	£3,500	£0	£4,500	£8,000
Management contribution to HR, finance, facilities and other central services	£8,650	£8,522	£9,244	£26,416
TOTAL:	£51,900	£51,130	£55,464	£158,494

#### Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month:	Year:
	March	2016

Income received from:	£
Voluntary income	745,471
Activities for generating funds	814,663
Investment income	1,794
Income from charitable activities	3,051,348
Other sources	0
Total Income:	4,613,276

Expenditure:	£
Charitable activities	4,363,886
Governance costs	192,877
Cost of generating funds	417,342
Other	476,190
Total Expenditure:	5,450,295
Net (deficit)/surplus:	-837,019
Other Recognised Gains/(Losses):	42,398
Net Movement in Funds:	-794,621

Asset position at year end	£	
Fixed assets	2,058,540	
Investments	10,548	
Net current assets	500,230	
Long-term liabilities		
*Total Assets (A):	2,569,318	

Reserves at year end	£
Restricted funds	1,320,166
Endowment Funds	0
Unrestricted funds	1,249,152
*Total Reserves (B):	2,569,318

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

#### **Statutory funding**

For your most recent financial year, what % of your income was from statutory sources? 11-20%

#### **Organisational changes**

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts: Community Links has entered into a strategic partnership to become part of the Catch 22 Group. We retain our own unique brand independence, management and board structure and budget whilst the partnership will allow Community Links to have a far bigger footprint and greater financial stability.

Grant Ref: 14332 Page 121

#### **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent £
City of London (except City Bridge Trust)	0	0	12,853
London Local Authorities	544,087	433,639	167,947
London Councils	0	0	0
Health Authorities	101,219	87,272	256,397
Central Government departments	1,277,433	156,839	664,134
Other statutory bodies	0	0	0

#### **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3	Year 2	Most recent
BNY Mellon	131,172	108,878	118,692
Hadley Trust	0	77,000	95,000
Oak Foundation	92,896	0	89,663
Morgan Stanley	50,000	50,000	50,000
Henry Smith	0	49,000	49,000

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Jane Hutt

Role within Income Generation & Partnerships Manager

Organisation:

# The City Bridge Trust Agenda Item 8q

# **Investing In Londoners: Application for a grant**



# **About your organisation**

Name of your organisation:	
Deptfo	ord Reach
If your organisation is part of a larger organi	Isation, what is its name?
In which London Borough is your organisation	n based?
Lewisham	
Contact person:	Position:
Ms Stella-May Brown	Director
Website: http://www.deptfordreach.org	.uk
Legal status of organisation:	Charity, Charitable Incorporated Company or
Registered Charity	company number:1086143
When was your organisation established? 02	/04/1979

# **Grant Request**

Under which of City Bridg	ge Trust's programmes are you	ı applying?
	Reducing Poverty	y
Which of the programme	outcome(s) does your applica	tion aim to achleve?
More Londoners with i	mproved economic circums	tances
	ose of your funding request in	one sentence. intervention Advice Worker
		IIITEIVEILION AUVICE WORKER
When will the funding be	required? <b>02/07/2018</b>	
How much funding are yo	ou requesting?	
Year 1: £31,064	Year 2: <b>£31,688</b>	Year 3: <b>£32,318</b>
Total: £95,067		

#### Aims of your organisation:

Deptford Reach is a prevention & crisis intervention open access day centre providing support, advice, training and practical help to vulnerable adults experiencing homelessness, mental illness, drug/alcohol abuse, social exclusion and severe poverty.

We have been helping people rebuild their lives for 37 years. We have a strong track record of combining services under one roof and taking an approach based on friendship and respect that allows our clients to progress in a way that is right for them.

Deptford Reach is open access -- we recognise that appointment systems are really difficult for people with chaotic lives and that many people don't just have one issue (e.g. homelessness or addiction). We are first port of call for people in crisis and those with complex needs. With our partners onsite, we offer a wide range of services to simultaneously address the interrelated issues of housing, jobs and health

#### Main activities of your organisation:

We offer the only drop-in advice service in Lewisham. Our staff and trained volunteers offer a same-day response to crises clients are facing including benefits problems, emergency housing and debt. Our specialist services include housing advice, employability, counselling and specialist support groups.

Many of our rough sleeping clients rely heavily on access to our showers and laundry services. A visiting nurse sees Deptford Reach clients weekly and we host a chiropodist, dentist, optician and TB screening. Our kitchen project provides two low cost meals four days a week. For many clients this is their only social interaction of the day.

Informal education works alongside our other services to equip our clients with the skills they need to actively take part in society, become more employable and build their self-worth. Our weekly classes include IT, art therapy, basic life skills and language. Of the 4-12 volunteers at Deptford Reach at any one time, 60% are previous or existing clients.

#### Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:	
3	2	6	13	

#### Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	

#### Summary of grant request

Recent cuts to public services have had a devastating effect on the most vulnerable. Last year, for the first time, we started seeing queues outside our centre before we open. We had 816 new clients last year and dld not need to conduct any outreach to find them.

Many of our clients are homeless (from rough sleepers to 'sofa surfers'), threatened with eviction, unemployed and with histories of mental illness, alcohol or drug misuse. We work with many people who find it difficult to access mainstream services including newcomers to the area, ex-offenders and refugees. A high proportion have been turned away from other agencies, because they fall outside of criteria or can't wait until the next appointment. All Deptford Reach clients experience a high level of financial hardship that brings them precarlously close to the next step on the social exclusion cycle.

This is a grant request for an Advice Worker who will offer one-to-one advice and assessment sessions four days a week with a same-day waiting list. This crisis intervention helps clients pull themselves back from financial difficulties. The Advice Worker helps clients maintain tenancies, maximise income and build budgeting skills. They also build the foundation for economic stability by providing specialist housing advice and connections with other services clients find hard to access. Some examples include:

- -Benefits: Having your benefits cut has a damaging effect and rectifying erroneous cuts takes an understanding of the system. We help clients navigate this complex system.
- -Housing advice: appealing illegal evictions, finding emergency accommodation and a very successful PRS (private rental sector) support programme.
- -Employability: (In partnership with Job Centre Plus) CV writing sessions, training advice, job search, interview training and grants for interview clothes.
- -Support for Refugees/EEA residents with National Insurance registration.

This grant would improve the economic circumstances of our clients by delivering the following interconnected aims.

#### Providing:

- -a safe place where clients can start to break the cycle of social exclusion
- -access to the help that clients need and are entitled to
- -support for clients to claim and maintain benefits
- -diversion from homelessness
- -routes into employment/training

We are a long-standing part of the local community with a wide, well-established network of partnerships and referral pathways within the borough and beyond. We have long had the support of Lewisham Council who publically recognise the very significant need for the services that we provide.

This project is made more effective by the complementary other services we, and our partners, offer on site. Unlike other services that specialise in one issue (e.g. homelessness or addiction) we are able to work with the whole person without moving them around to different places; something that often causes people to 'fall through the gap' and into a negative financial spiral. By working across several areas, we are able to ensure that problems in one area don't hold back success in an area crucial to economic wellbeing (e.g. health issues preventing attendance at housing benefit appointments).

Our good practice includes:

-Monthly Members Meeting with two staff and one Trustee. These are well attended and open to all clients for queries, consultations, complaints and suggestions.

-Open door policy backed up by our Equal Opportunities Policy.

- -Support for regular volunteers including provision of training and qualifications (e.g. food hygiene) and tailored job search help.
- -We are 'Making Progress' with our environmental impact. For example: Re-use of donated supplies (e.g. lightbulbs). Canteen ingredients that are donated excess from local businesses. Full shut down at close (computers, washing machines, lights etc).

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

**PQASSO Level 1** 

AQS- case management for housing and welfare benefits

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

The first step for new clients is to register at our centre; a safe place that provides an opportunity to break the cycle of social exclusion. We have an open door policy and predict that over 1000 clients will access the centre along with 400 new clients a year

320 clients a year (80%) will complete a first session with the Advice Worker and an initial assessment of presenting needs. This leads to a brief intervention or a longer term personal support plan. Both include immediate actions to take in order to address the existing crisis in their lives

The centre is open 48 weeks a year. The Advice Team will complete twelve sessions per day, four days a week. Therefore, there will be approximately 2300 of these face-to-face appointments or telephone consultations each year

The majority of clients will need support with benefits during these sessions; claims advice or managing erroneous cuts. We aim to stop these cuts from triggering a collapse in client finances, through undertaking advocacy with Job Centre, providing training in budgeting (to manage the gap) or issuing small emergency funds.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Each assessed client will get access to the help are entitled to, with an emphasis on taking control themselves. All will build their own action plan for addressing their needs and becoming better equipped to overcome the resulting financial difficulty. This may include information about, or referrals to, other agencies

160 clients a year (50%) will build their digital skills. As well as improving their employability, these skills will be vital for managing the new system for universal credit and equipping clients to manage their finances through online banking as high street banks continue to close

Clients who are entitled to benefits will be successfully claiming the correct amounts. This will maximise their income- helping them save and manage their money without the need for emergency loans, food vouchers, etc.

Clients who are vulnerable to it will be prevented from slipping into homelessness. They'll be supported to live successfully in their accommodation (including direct advocacy with landlords), build networks/skills/interests that help them maintain their tenancies and proactively identify when and how to move when needed

The Advice Team will work with clients to improve economic wellbeing through routes into employment or training. By the end of Year 3 of the project 40% of clients will have completed some education/training, 20% will have volunteered at Deptford Reach or elsewhere and 15% will have secured paid work

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes. Our funding currently comes from a mixture of trusts and foundations, local statutory organisations, space rental at our centre and fees for the services we provide. We plan to continue growing this support whilst increasing the amount we receive from companies and individuals. We are also looking at ways the asset represented by our building could contribute future income.

# Who will benefit?

#### **About your beneficiaries**

Have recovered to the first of the state of
How many people will benefit directly from the grant per year?
1,000
In which Greater London borough(s) or areas of London will your beneficiaries live?
Lewisham (85%)
Greenwich (11%)
Southwark (2%)
Bromley (2%)
What age group(s) will benefit?
16-24
25-44
45-64
65-74
75 and over
What gender will beneficiaries be?
All
What will the ethnic grouping(s) of the beneficiaries be?
A range of ethnic groups
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
21-30%

# **Funding required for the project**

# What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Lead Generalist Adviser?s Salary	26,269	26,794	27,329	80,392
Lead Generalist Adviser?s National Insurance	2,512	2,562	2,613	7,687
Lead Generalist Adviser?s Pension	525	536	547	1,608
Advice Team Leader Salary	33,266	33,931	34,610	101,807
Advice Team Leader National Insurance	3,478	3,548	3,619	10,645
Advice Team Leader Pension	655	678	692	2,025
6% Managemnet Costs	1,758	1,793	1,829	5,380
	0	0	0	0
	0	0	0	0

1	TOTAL:	68,463	69,842	71,239	209,544
111844					

# What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Lee Charity	5,000	5,000	0	10,000
Hilden Charitable Trust	5,000	5,000	0	10,000
Lewisham Council	15,000	0	0	15,000
	0	0	0	0

#### What other funders are currently considering the proposal?

Source	Year 1	<b>Уеаг 2</b>	Year 3	Total
Henry Smith	25,000	25,000	25,000	75,000
Big Lottery	41,000	41,000	41,000	123,000
Merchant Taylors	5,000	5,000	0	10,000
Goldsmiths Company	5,000	0	0	5,000

TAL:	76,000	71,000	66,000	213,000
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#### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Lead Generalist Adviser?s Salary	26,269	26,794	27,329	80,392
Lead Generalist Adviser?s National Insurance	2,512	2,562	2,613	7,687
Lead Generalist Adviser?s Pension	525	536	547	1,608
6% Management Costs	1,758	1,793	1,829	5,380

TOTAL:	31,064	31,685	32,318	95,067	ĺ
		- 1	•		

#### Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: <b>2017</b>	
-----------------------	-----------------	-------------------	--

Income received from:	£
Voluntary Income	262,745
Activities for generating funds	0
Investment income	442
Income from charitable activities	22,169
Other sources	0
Total Income:	285,356

Expenditure:	£
Charitable activities	204,649
Governance costs	0
Cost of generating funds	61,820
Other	0
Total Expenditure:	266,469
Net (deficit)/surplus:	18,887
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	18,887

Asset position at year end	£	
Fixed assets	472,400	
Investments	0	
Net current assets	154,499	
Long-term liabilities	0	
*Total Assets (A):	626,899	

Reserves at year end	£
Restricted funds	601,988
Endowment Funds	0
Unrestricted funds	24,911
*Total Reserves (B):	626,899

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

#### Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 11-20%

#### **Organisational changes**

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

In order to ensure financial stability during this phase of change, LHF will be providing Deptford Reach with support if required d, whilst we focus on building the organisational bedrock needed for establishing a new centre that best serves the needs of our clients. We

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#### **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent £
City of London (except City Bridge Trust)	0	0	37,500
London Local Authorities	41,624	41,954	46,930
London Councils	0	0	0
Health Authorities	2,500	4,946	5,000
Central Government departments	0	0	0
Other statutory bodies	0	0	0

#### **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3	Year 2	Most recent
Crisis	87,050	47,500	25,000
Lloyds Foundation	29,000	0	25,000
Deptford Challenge Trust	10,000	0	30,000
StreetSmart	9,000	12,000	8,000
Pret Foundation	0	0	34,200

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Stella-May Brown

Role within **Director** 

Organisation:

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# The City Bridge Trust Agenda Ite

# **Investing In Londoners: Application for a grant**



## **About your organisation**

Name of your organisation:				
Hammersm	ith and Fulham Law Centre			
If your organisation is part of a larger organisation, what is its name?				
In which London Borough is your organisation based?				
Hammersmith & Fulham				
Contact person: Position:				
Ms Susan James	Supervising Solicitor			
Website: http://www.hflaw.org.uk				
Legal status of organisation:	Charity, Charitable Incorporated Company or			
Registered Charity	company number: 287462			
When was your organisation establish	hed? 19/10/2010			

#### **Grant Request**

**Reducing Poverty** 

Under which of City Bridge Trust's programmes are you applying?

Which of the programme outcome(s) does your application aim to achieve?

More people accessing debt and legal services

Fewer Londoners experiencing food poverty

Please describe the purpose of your funding request in one sentence.

To employ a solicitor to advise and represent on benefits and income family matters - with outreach in a number of partnership organisations.

When will the funding be required? 01/04/2017

How much funding are you requesting?

Year 1: £49,500

Year 2: £49,500

Year 3: £49,500

Total: £148,500

#### Alms of your organisation:

We aim to challenge poverty, disadvantage and exclusion in the London Borough of Hammersmith and Fulham and the surrounding area. We provide people in need with legal advice and representation. Our housing work aims to reduce homelessness, debt and poverty and to keep people in their homes. We do this through providing expert legal advice and representation, second tier advice and training. Our immigration unit helps vulnerable victims of domestic violence, young people and women who have been trafficked and assisting undocumented young people achieve settled status.

We work in collaboration with other agencies and our aim is to provide a joined up, holistic service that can make real change to people's lives. We run the thriving Advice Forum in the borough and work alongside other organisations to develop an effective advice network across the borough. We aim to educate and empower the community to use their legal rights to reduce exclusion and poverty.

#### Main activities of your organisation:

#### We provide:

Legal casework. We have contracts with the Legal Aid Agency in housing and immigration. Our solicitors advice and represent clients at all levels up to the Supreme Court. We have a grant with the London Borough of Hammersmith and Fulham to provide a telephone advice service to those who do not qualify for legal aid or if their case is no longer in scope due to the cuts in legal service.

We run an advice service at the FoodbankHub in Shepherds Bush. Providing advice to those most in need and where people are already going to access support.

We pursue strategic litigation to make greater change where possible, we pursue legal challenges to the way policy and law are applied by way of judicial review proceedings

We run the Advice Forum in the borough, providing strategic planning and networking to local organisations as well as training.

#### **Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
5	3	12	5

#### Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	20 years

#### **Summary of grant request**

Insecure and inadequate housing has a devastating impact on the life chances of children; their physical and mental health, their education and their opportunities in adulthood.

The private rented sector is insecure and often overcrowded in significant disrepair. Temporary accommodation has the same problems and is no longer ?temporary? In any normal meaning of the word.

The number of children in the private rented sector has tripled over the last decade. 33% of rentals in Hammersmith and Fulham are from a private landlord. There are more tenants renting privately in the borough than in social housing. The number of tenants evicted by private landlords exceeds the number evicted from social housing.

Over 80% of households in temporary accommodation in London include children. High housing costs, the reduction in the Local Housing Allowance, the ?benefit cap? and the ?bedroom tax? have led to a significant reduction in income for low income families in Hammersmith and Fulham. This borough is already experiencing the impact of Universal Credit roll out. We see people already impacted by support being limited to two children only. Trust For London's Poverty profile 2017 shows that 58% of Londoners in poverty live in a working family.

As duty solicitors in housing possession cases at Wandsworth and Brentford County Court, we know that unresolved benefit and debt issues often lie at the heart of the problem. Cases in court are at crisis point. Eviction is mandatory where rent arrears are over 2 months in private rented tenancies. The resulting homelessness is devastating to family life and the children involved. The local foodbanks have already provided more foodbank parcels this year than the whole of last year.

Evicted families have three main options: apply as homeless? and spend years in temporary accommodation; rent privately? and face further poverty and eviction; or apply under the Children Act 1989. None are good options.

It is essential that we do more preventive work to resolve the underlying benefit issues and stop the evictions. We need to co-locate with agencies where people are already accessing non-legal support to do this. We are asking City Bridge to fund a solicitor to help people facing extreme poverty, destitution or homelessness to improve the life chances of children. The solicitor would work with a network of advice agencies and work closely with the foodbank and health services to target those most in need.

#### We will:

Provide a weekly advice line on benefits and housing matters; Provide outreach advice at the local foodbank and at a GP's surgeries; Represent people at tribunals and court; Run specialist courses for community advice agencies; Train volunteers to assist with triaging; Develop information leaflets and self-help packs.

To give better life chances for children by: early benefits advice to increase the likelihood of keeping a roof over the family; successful applications for discretionary housing payments; alleviation of income poverty; assistance with managing debt; evictions prevented by negotiating with landlords; successful appeals in adverse benefit decisions; s.17 Children Act 1989 applications.

Continues overleaf

#### Continued from previous

We are well embedded in the community and advice network and have a proven record of our ability to deliver. We are well placed to deliver a tribunal representation service. We would prove a seamless service of advice and delivery with the work we are already doing in the court duty scheme and our legal aid work. We run the vibrant Hammersmith and Fulham Advice Forum joining up local advice provision.

Within our work we consult and involve service users, develop our volunteers, reflect the diversity of the local community and are working to become greener.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

**Lexel Accreditation** 

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

- 1. A weekly family income and benefits referral and advice line. This would provide advice on complex cases to front line advisers at partner agencies and agree referrals to the law centre on complex casework and appeals
- 2. An outreach advice service in the foodbank to identify those most in need and to `catch` those cases that may lead to possession action being taken with a view to follow up in the law centre
- 3. An outreach advice service in local health centres to identify those most in need of advice and at risk of homelessness and eviction with a view to follow up work being taken at the law centre
- 4. Court, Appeals and Tribunals service. Assisting clients with appeals and representing them at court/tribunal hearings, including judicial review where appropriate
- 5. A casework service to provide more in-depth/ongoing assistance in a smaller number of cases from referral cases or those assessed at the two outreach projects.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

- 1. Reduce destitution and poverty by helping clients overcome barriers to obtaining welfare benefits to which they are entitled.
- 2. Reduce homelessness caused by rent arrears that have arisen because of benefit issues
- 3. Reduce the number of people in private rented accommodation being evicted because of benefit issues
- 4. Build capacity within the advice sector and the wider community by increasing knowledge of rights, improving resilience and inter-agency working.
- 5. Improve the health of clients, manage their debt, and be more secure in their homes.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes. We will look to other sources of funding, such as self-generated income, but will still need to raise some funds.

# Who will benefit?

#### **About your beneficiaries**

Have many manual will have the discrete forms the surest many ways
How many people will benefit directly from the grant per year?
450
In which Greater London borough(s) or areas of London will your beneficiaries live?
Hammersmith & Fulham (85%)
Hounslow (5%)
Ealing (5%)
Wandsworth (5%)
What age group(s) will benefit?
All ages
Nithan mandan will have fairnise had
What gender will beneficiaries be?
All
What will the ethnic grouping(s) of the beneficiaries be?
A range of ethnic groups
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
21-30%



#### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Solicitor salary cost	35,700	35,700	35,700	107,100
Proportion of overhead costs	13,800	13,800	13,800	41,400
	0	0	0	0

#### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Legal Aid - Housing Duty	54,000	54,000	54,000	162,000
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0 (	D
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# What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
London Borough of Hammersmith & Fulham	35,960	35,960	35,960	107,880
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
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#### How much is requested from the Trust?

Expenditure heading	Year 1	<b>Уеаг 2</b>	Үеаг 3	Total
Solicitor salary cost	35,700	35,700	35,700	107,100
Proporțion of overhead costs	13,800	13,800	13,800	41,400
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

r	TOTAL:	49,500	49,500	49,500	148,500
- 1					

14397 Revisa Bodget 1/2/18

#### Funding required for the project

#### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Overheads	£13 800	£14 214	£14 640	£42 654
Salary (incl NI & pensions)	£42 877	£45 593	£47 929	£136 400
TOTAL:	£56 677	£59 807	£62 570	£179 055

#### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
TOTAL:				

## What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
TOTAL:				

#### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Overheads	£13 800	£14 214	£14 640	£42 654
Salary (Incl NI & pensions)	£42 877	£45 593	£47 929	£136 400
TOTAL:	£56 677	£59 807	£62 570	£179 055

#### **Finance details**

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month:	Year:	
,	March	2016	

Income received from:	£
Voluntary income	226,752
Activities for generating funds	0
Investment Income	0
Income from charitable activities	150,866
Other sources	0
Total Income:	377,618

Expenditure:	£
Charitable activities	358,564
Governance costs	5,088
Cost of generating funds	0
Other	4,375
Total Expenditure:	368,027
Net (deficit)/surplus:	9,591
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	9,591

Asset position at year end	£
Fixed assets	15,582
Investments	0
Net current assets	45,694
Long-term liabilities	o
*Total Assets (A):	61,276

Reserves at year end	£
Restricted funds	0
Endowment Funds	0
Unrestricted funds	61,276
*Total Reserves (B):	61,276

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

#### **Statutory funding**

For your most recent financial year, what % of your income was from statutory sources? 71-80%

#### **Organisational changes**

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

n/a

Grant Ref: 14397 Page 141

#### **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	42,688
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	330,135	205,153	219,583
Other statutory bodies	0	0	0

#### **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3	Year 2	Most recent
Big Lottery	30,090	71,108	47,771
Trust for London	40,000	40,000	16,667
Comic Relief	37,089	28,736	0
John Paul Getty Trust	20,000	40,000	0
London Borough of Hammersmith & Fulham	0	0	42,688

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Susan James

Role within **Supervising Solicitor** 

Organisation:

# **The City Bridge Trust**

# Investing In Londoners: Application for a grant



## **About your organisation**

Name of your organisation:						
Help Somalia Foundation						
If your organisation is part of a larger organ	isation, what is its name?					
HSF is an independent charity						
In which London Borough is your organisation	on based?					
Brent						
Contact person:	Position:					
Mr Harbi Farah Director						
Website: http://www.helpsomallafounda	ation.org					
Legal status of organisation: Charity, Charitable Incorporated Company or						
Registered Charity	company number:1059876					
When was your organisation established? 19	/12/1996					

## **Grant Request**

Under which of City Bridge Trust's programmes are you applying?

### **Reducing Poverty**

Which of the programme outcome(s) does your application alm to achieve?

More Londoners with Improved economic circumstances

More people accessing debt and legal services

Please describe the purpose of your funding request in one sentence.

Advice and 1-1 support to resolve people's debts, enable increased income for life essentials [shelter, food and clothing] and support for proactive financial management.

When will the funding be required? 08/01/2018

How much funding are you requesting?

Year 1: £23,352 Year 2: £23,914 Year 3: £24,491

Total: £71,758

### Aims of your organisation:

Mission: HSF has a mission to empower Somali individuals and the community as a whole to reach their full potential, integrate into and contribute towards the wider UK society while maintaining their unique Somali traditions and culture.

Main Aims: we have 5 outcomes to fulfill our mission:-

- (1) Somalis will compete for jobs and participate in the employment market by gaining skills and experience
- (2) Somali families, children and young people will improve their educational achievement as a foundation for positive futures
- (3) The Somali community will have increased access to information, advice and guidance in order that they can gain the essentials to live
- (4) Young Somalis will divert from anti-social behaviour, Improve their confidence and abilities to achieve their potential.

### Main activities of your organisation:

Help Somalia Foundation (HSF) delivers the following activities :-

- (1) Confidential Information, Advice and Guidance Support (IAG): Including representation, counselling, translation, interpretation and welfare benefits [over 2,000 interventions annually).
- (2) "Strengthening Families, Strengthening Communities" Parent Programme (SFSC) to reach, retain and impact on Black, Asian, Minority Ethnic & Refugee (BAMER) parents and marginalised communities.
- (3) Supplementary Schools: weekly provision of educational support during term time covering the key Stage 1-3 and the core GCSE subjects of English, Mathematics and Science [More than 50 children each week]
- (4) ESOL classes to ensure Somalis can speak English as a foundation for their development [Two days per week for 3 hrs per day]. Over 53 participants enrolled and completed Entry Level 1 & 2 during the academic year.

### Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
0	3	7	10

### Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	Annually renewed

### **Summary of grant request**

"Advice4Life" : Grant Proposal :

### The Need:

- (1) In Brent, the BAMER community has increased from 55% [2001] to 64% [2nd highest In England and Wales] with Black / African Increased by 18%
- (2) Brent has the largest population of London residents who were born in "Somalia" [our primary targeted group].
- (3) Desk Research e.g. Census and Community Strategy Reports, show Somali born migrants have the lowest employment rate of all migrants in the UK
- (4) This is mainly due to low education levels [50% have no qualifications], low skills levels and lack of English language all contributing to chronic worklessness, severe poverty and growing debt.

#### How We Know:

Research and consultation is complemented by our track record i.e. HSF has supported BAMER and Somali communities for 21 years communicating with them on a 1-1 basis daily to find out their needs directly; generic and specialist advice is the community's main need to address poverty and increasing indices of debt.

### Aligning with Community Strategies:

"Advice4Life" aligns with Brent's local strategy ["Brent -- Our Future 2010 -- 2016"] specifically the 'Reducing worklessness and low incomes' priority as advice will assist people on low incomes who are increasingly accruing debt.

### **Project Overview:**

"Advice4Life" will provide 1 -1 advice and support to resolve people's financial debts [Inhouse and telephone advice] and enable increased income to pay for essentials [shelter, food and clothing]

Furthermore, a crucial part of the programme will be to provide proactive support enabling beneficiaries to better manage their finances and households to avoid future financial issues.

"Advice4Life" will provide advice and casework across all areas of social welfare law, both responsive to their current [debt] situations and proactive e.g. preventing problems becoming more serious, complex and costly; to support and empower clients to resolve problems and take more control over their lives.

Further added value will be achieved via :-

(1) Volunteer engagement: all our programmes are supported by volunteers, therefore will ensure we have one volunteer supporting each day's session

Continues overleaf...

### Continued...

(2) Networking and collaborations practice which will conduct cross-referral with agencies such as other 3rd sector / mainstream providers, Job Centre Plus, DWP, Local Council e.g. Housing Department and others to ensure we have access to specialist expertise e.g. job search with JCP.

Outcomes: people from BAMER communities will manage their debts and learn new financial skills leading to improved economic circumstances, avoidance of future debt and better health.

Furthermore, people will have access to volunteer opportunities to build confidence, skills and become more employable

Output [Target]: 100 disadvantaged people from BAMER communities will benefit each year = 300 over the 3 year term.

Help Somalia Foundation [HSF]: HSF has delivered generic information, advice and guidance since its inception back in 1996, we have relevant accreditations e.g. Advice Quality Standard [AQS] Quality Mark and qualified staff support by trained volunteers.

We provide approximately 55 interventions per week which accounts for over 2,000 interventions annually and translates as more than 500 individuals each year benefiting; "Advice4Life" will add a specialist financial advice programme in response to needs identified.

CBT Priority: "Reducing Poverty": the project will add specialist advice to our generic activities i.e. the provision of money, debt and housing advice will complement our programme adding to the [successful] generic welfare benefits advice already provided.

Principles of Good Practice: HSF targets people from BAMER communities, our board and personnel teams are peers as a user-led organisation, volunteers are trained and expenses paid and we develop our green policies regularly e.g. trying to run a paper-less office.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

HSF has delivered confidential Information, Advice and Guidance Support (IAG) since its inception back in 1996 i.e. we now have 21 years experience, we have

### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Money & Debt Advice: 1-1 support for clients to negotiate manageable debt repayments, write off debts [wherever possible] plus proactive support enabling beneficiaries to better manage their finances to avoid future financial issues and debt. 10 people will benefit per session = 30 per week [100 per year]

Welfare Benefits Advice: 1-1 support for clients to increase their income including:-

? conducting an 'Income Max' assessment [to assess their finances and benefits entitlements],

? support to claim any benefits to which they are entitled

? and an action plan for developing their financial situations.

Private Renting Advice: 1-1 support focussed towards:-

? assessing clients' accommodation / housing needs, current situations

? provision of a customised action plan as regards their tenure which may include assistance to negotiate better deals with private landlords and accessing housing benefits to afford their rents.

Volunteer Engagement: all our programmes are supported by volunteers, therefore we will ensure we have one volunteer supporting each day's session [10 volunteers to enable 3 active each week]: furthermore, volunteers will be trained to support clients, gaining new skills which will make them more employable.

Networking and Collaborations: we will conduct cross-referral with agencies such as other 3rd sector / mainstream providers, Job Centre Plus, DWP, Local Council e.g. Housing Department to ensure we have access to other expertise e.g. running in-house specialist workshops with JCP, and to establish / develop cross referral functions.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Through specialist advice, people from BAMER & Somall communities will achieve agreed settlements with creditors and go on to manage their debts leading to Improved economic circumstances

Through 1-1 support, people from BAMER & Somali communities will raise their income levels leading to improved abilities to afford the essentials to live [shelter, food and clothing] and financial independence

Through developmental workshops and 1-1 guidance, people from BAMER & Somali communities will learn new skills to proactively manage their finances reducing indices of debt and improving their mental and physical health through stress reduction.

People from BAMER communities will have access to volunteer opportunities enabling them to build confidence, gain new skills and become more employable

N/A

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes, however we will evaluate the project and review needs to assess the best way to continue and to ensure the programme remains relevant as needs change during the term and in the future. Future activities will be funded through 3rd sector grants and contract opportunities for advice which we research on an ongoing basis.

# Who will benefit?

## **About your beneficiaries**

How many nearly will have the directly formally
How many people will benefit directly from the grant per year?
100
In which Creater Landon haraugh (a) an array of Landon Haraugh (b) and array of Landon Haraugh (c) and array of Landon Haraugh (c) array of La
In which Greater London borough(s) or areas of London will your beneficiaries live?
Brent (100%)
What age group(s) will benefit?
25-44
45-64
65-74
75 and over
What gender will beneficiaries be?
All
What will the athele ansuring (a) -511-1 - 611-1 - 6
What will the ethnic grouping(s) of the beneficiaries be?
A range of ethnic groups
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
1-10%
1-1070

# Funding required for the project

# What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
(1) Salary [Advice and Development Officer] plus on costs	14,210	14,669	15,143	44,021
(2) Staff Travel	720	742	764	2,225
(3) Volunteers expenses	1,440	1,440	1,440	4,320
(4) Revenue [Direct]	960	989	1,018	2,967
(5) Advertising & Promotions	500	500	500	1,500
(6) Project Activity Budget	2,400	2,400	2,400	7,200
(7) Evaluation	1,000	1,000	1,000	3,000
(8) [Overheads] Full Cost Recovery)	2,123	2,174	2,226	6,523
	0	0	0	0

TOTAL: 23,352 23,914 24,491	71,758
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# What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
TOTAL:	0	0	0	0

# What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
N/A	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	

# How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
(1) Salary [Advice and Development Officer] plus oncosts	14,210	14,669	15,143	44,021
(2) Staff Travel	720	742	764	2,225
(3) Volunteers expenses	1,440	1,440	1,440	4,320
(4) Revenue [Direct]	960	989	1,018	2,967
(5) Advertising & Promotions	500	500	500	1,500
(6) Project Activity Budget	2,400	2,400	2,400	7,200
(7) Evaluation	1,000	1,000	1,000	3,000
(8) [Overheads] Full Cost Recovery	2,123	2,174	2,226	6,523
	0	0	0	0

TOTAL:	23,352	23,914	24,491	71.758
			,	

### Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: <b>2016</b>	
	raign	2010	

Income received from:	£
Voluntary Income	0
Activities for generating funds	0
Investment income	0
Income from charitable activities	56,521
Other sources	1,143
Total Income:	57,664

Expenditure:	£		
Charitable activities	63,565		
Governance costs	0		
Cost of generating funds	0		
Other	0		
Total Expenditure:	63,565		
Net (deficit)/surplus:	-5,901		
Other Recognised Gains/(Losses):	0		
Net Movement in Funds:	3,853		

Asset position at year end	£
Fixed assets	0
Investments	0
Net current assets	3,853
Long-term liabilities	0
*Total Assets (A):	3,853

£
0
0
3,853
3,853

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

### **Statutory funding**

For your most recent financial year, what % of your income was from statutory sources? 21-30%

### **Organisational changes**

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

There have been no significant changes as HSF currently delivers a regular programme that has secure funding but we have not managed growth in recent years.

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Grant Ref: 14234

### **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	15,710	18,846	14,730
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	2,601	0
Other statutory bodies	0	0	0

### **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3	Year 2	Most recent
(1) BBC Children In Need	18,954	11,035	0
(2) Trust for London	3,125	5,824	9,800
(3) Awards for All	0	9,792	0
(4) Lloyds Bank Foundation	13,900	13,000	0
(5) John Loyns Charity	0	0	30,000

### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Harbi Farah

Role within **Director** 

Organisation:

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# The City Bridge Trust Agenda Item

# Investing In Londoners: Application for a grant



## **About your organisation**

Name of your organisation:				
	TaxAld UK			
If your organisation is part of a large	er organisation, what is its name?			
In which London Borough is your org <b>Lambeth</b>	ganisation based?			
Contact person:	Position:			
Mr Jasper Dorgan	Development Director			
Website: http://www.taxaid.org.	uk			
Legal status of organisation:	Charity, Charitable Incorporated Company or			
Registered Charity	company number:1062852			
When was your organisation establis	shed? 15/06/1993			

## **Grant Request**

Under which of City Bridge Trust's programmes are you applying?

**Reducing Poverty** 

Which of the programme outcome(s) does your application alm to achieve?

More people accessing debt and legal services

More Londoners with improved economic circumstances

Please describe the purpose of your funding request in one sentence.

To extend the access hours to our London advice service by 12 hours a week so that 1200 more Londoners can benefit from the service

When will the funding be required? 02/04/2018

How much funding are you requesting?

Year 1: £28,975 Year 2: £28,684 Year 3: £0

Total: £57,659

### Aims of your organisation:

TaxAld provides free, expert, independent tax help and advice to disadvantaged people on the lowest incomes and we continue to help the client until the tax problem is resolved. As well as tax debt problem resolution our service will also seek to guide each client to an holistic understanding of their tax situation and help in developing a future action strategy to ensure the problem does not occur again or is managed effectively.

Our service aims to resolve the immediate tax problem for our client, release them from the life-debilitating pressures of tax debt anxiety, educate them in their tax situation and recovery planning and often to improve their financial situation through tax remissions, refunds or beneficial payment plans.

### Main activities of your organisation:

The provision of tax help, advice, guidance and debt resolution to people on the lowest incomes. Our service can be accessed by phone, email, internet, post or home visits from our tax volunteers.

The range of tax issues covers all aspects of personal tax - from tax codes, PAYE, SA, under payments, bereavement, allowances through to pensions tax.

Our expert advisors and volunteers will work with each client to establish the problem, explore other influencing factors and will guide the client or intercede on their behalf to deliver action that will produce resolution. This might include phone calls or letters to HMRC, or helping to fill in a tax form or identifying the correct next action and following it through until the client's problem is resolved.

The advisors will also help the client understand their current tax situation and develop strategies and plans to ensure that their tax affairs remain managed and on track.

### Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
3	8	6	40

### Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	5 years

### **Summary of grant request**

To provide funding to pay for the cost of increasing our available service access hours by 12 hours a week and enabling us to handle 1,200 additional London client calls a year and 2,400 over the course of the two year project.

HMRC closed all its public tax offices in 2014/15 and stated its Intention to have all personal tax compliance managed digitially and that all people will be personally responsible for completing and managing their personal tax affairs. For many millions of people in the Uk the closure of public tax offices and the move to digital means that a complex and confusing tax system has become more remote from them and even more complex. For those on the lowest income seeking paid-for professional tax help is not an option and for those many hundreds of thousands who have no family or social support networks, or who have low numeracy, literary or admin skills or who do not have access to a computer, or are disabled, suffer from mental health issues or are in poor health then meeting their tax obligations becomes almost impossible.

TaxAid is the only organisation providing free, accessible, expert and independent tax help and advice to this client community. Our service is geared up and has been shaped by client feedback over many years and has been developed to provide access to all client needs and circumstances. As well as phone, post, internet and email routes we also have and support a number of tax volunteers who are able to provide face-to-face sessions with clients with particular needs or circumstances. The number of clients has grown each year but we know there are many more we could help that we don't because access to our phone lines is limited. We know there is this additional need because we get over 1000 out of hours calls to our help line that do not return. If we were able to extend our service "opening times" we will be better placed to meet this increased and unmet need for tax help and advice.

The service extension meets the City Bridge Trust's outcomes for reducing poverty by giving more Londoners improved economic circumstances and allowing them access to debt advice services.

The project will meet the good practice by having shaped our service structure through client input. The service is open to everyone who is a Londoner on the lowest income and irrespective of background, ethnicity or circumstance. We value and use volunteers in the delivery of the service and we are working towards improving the impact our carbon footprint

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

### **Advice Quality Standard**

### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

To increase our tax aid service access by 12 hours a week resulting in being able to help 1,200 more Londoners resolve their tax problems every year and helping 2,400 people over the project duration.

- 2,400 disadvantaged Londoners on the lowest Incomes will receive individual help and personal tax guidance, support and advice and have their tax problem resolved
- 2,400 Londoners will gain a full understanding and knowledge of their individual tax situation and how to plan and manage their future tax affairs
- 200+ Londoners with immobility, disability or very complex tax problems will receive face-to-face help and support from one of TaxAld's tax volunteers
- 2,400 Londoners will be released from the life-debilitating burden and anxiety of tax debts they did not know how to deal with or understand and will have improved health and well-being as a result of that burden's release.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

- 2,400 Londoners will have improved personal financial circumstances or have a managed and effective tax plan agreed and in place.
- 2,400 disadvantaged Londoners on the lowest incomes will receive help in resolving their tax problems and will be released from the life-debilitating worry of pressing tax debt
- 2,400 will better understand their tax situation and understand and comply with their own improved tax affairs management in the future so that the tax problem does not recur.

More low income Londoners will know how to access and mange their tax affairs on line

The number of Londoners on the lowest incomes with personal tax debt will be reduced.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We plan to continue the service extension beyond 2020 and will seek funding support from corporate partners to underpin the core service costs.

# Who will benefit?

## **About your beneficiaries**

How many people will benefit directly from the grant per year?
1,200
To which Constant and a bound (a) and a climate will be a climate with a climate
In which Greater London borough(s) or areas of London will your beneficiaries live?
London-wide (100%)
What age group(s) will benefit?
25-44
45-64
65-74
What condenuill beneficiaries he?
What gender will beneficiaries be?
All
What will the ethnic grouping(s) of the beneficiaries be?
A range of ethnic groups
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
1-10%

# Funding required for the project

## What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Tax Advisor staff	24,000	24,480	0	48,480
Admin support staff	1,500	1,530	0	3,030
Management	2,475	2,524	0	4,999
Promotion materials	750	0	0	750
Partner channel distribution	250	150	0	400
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	57,659

### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
<del>TaxAid reserves</del>	-2,500	-2,500	0	5,000 0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	5,000

## What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
TOTAL:	0	0	0	

### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Advisor staff	24,000	24,480	0	48,480
Admin staff	1,500	1,530	0	3,030
Management	500	500	0	1,000
Promotion	150	0	0	150
Partner Channel distribution	0	0	0	\$ 400
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	26,150	26,510	0	_52,660

57659

### Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month:	Year:
	March	2016

Income received from:	£
Voluntary Income	122,392
Activities for generating funds	0
Investment income	0
Income from charitable activities	826,528
Other sources	
Total Income:	948,920

Expenditure:	£
Charitable activities	1,008,282
Governance costs	0
Cost of generating funds	16,894
Other	0
Total Expenditure:	1,025,176
Net (deficit)/surplus:	-76,256
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	-76,256

Asset position at year end	£
Fixed assets	9,495
Investments	0
Net current assets	300,432
Long-term liabilities	47,899
*Total Assets (A):	262,028

Reserves at year end	£
Restricted funds	0
Endowment Funds	0
Unrestricted funds	262,028
*Total Reserves (B):	262,028

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

### Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 51-60%

### **Organisational changes**

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

New CEO appointed June 2016. Moved offices to 33 Stannary Street, London W1A 4AA in March 2017.

Grant Ref: 14333

### **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	950,000	495,000
Other statutory bodies	0	0	0

### **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3	Year 2	Most recent
Dulverton Trust	0	0	40,000
Big Lottery	0	62,581	47,968
Henry Smith Charity	0	25,100	0
KPMG	20,000	20,000	20,000
Deloitte	15,000	20,000	20,000

### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Jasper Dorgan

Role within **Development Director** 

Organisation:

Grant Ref: 14333